



Nicklaus  
Children's  
Hospital

# Pediatric Grand Rounds

MedEd  
Nicklaus  
Children's  
Hospital

Friday, January 19, 2024 | 8:00 a.m.– 9:00 a.m. | Main Auditorium & Virtual



## Remembering Your Why – How to Reduce Burnout, Wake Up Inspired, and Be More Fulfilled?

**Anthony J. Orsini, DO, FAAP**  
Section Chief, NCPS Neonatology  
Medical Director, NCPS Wellness Program  
Nicklaus Children's Pediatric Specialists  
Nicklaus Children's Hospital  
Medical Director, NICU  
Jupiter Medical Center  
Jupiter, FL



**Objectives:** At the conclusion of this presentation, attendees are expected to:

1. Become more familiar with professional burnout and its overwhelming impact on physicians, providers, and patients
2. Understand how “remembering your why” can prevent and reduce professional burnout
3. Become familiar with the key insights on how to reduce burnout, become more fulfilled, and wake up inspired every day



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