


26<sup>th</sup> Annual General Pediatric Review & Self-Assessment




# ONCOLOGY

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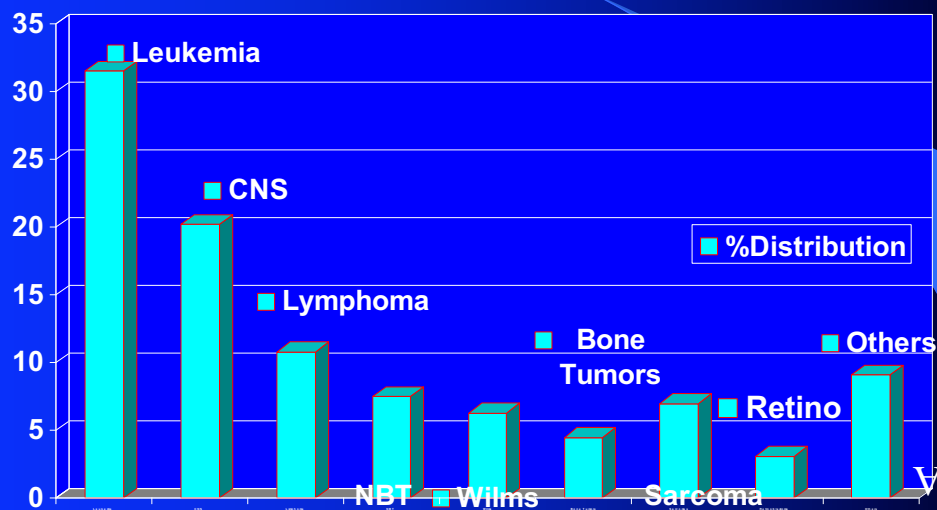
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## Cancer in Children

- Fourth leading cause of death 1-19 yrs
- 15,700 new cases each year
- Yearly incidence 1.5/ 10000 children <15 yrs
- 3000 deaths from childhood cancer each year in the U.S.

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## Distribution of Childhood Cancers



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## Selected Hereditary Cancer Syndromes That Manifest in Childhood

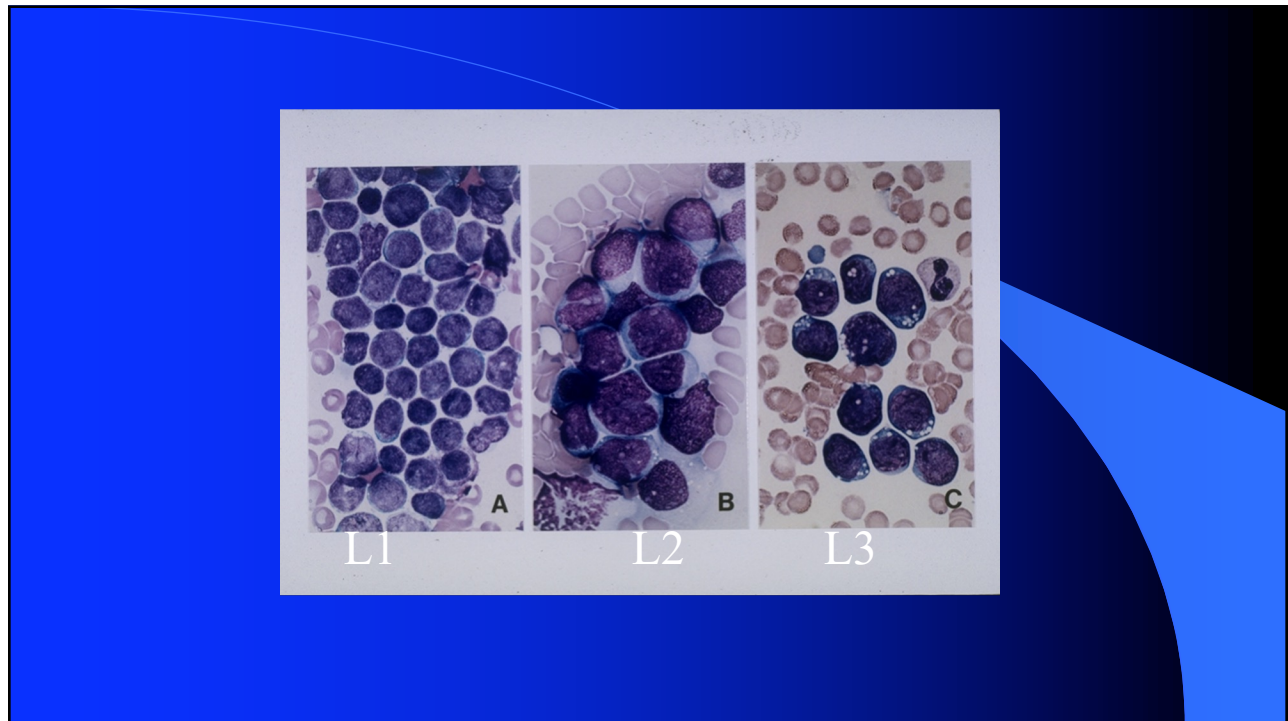
Cancer Syndrome	Gene
Retinoblastoma	<i>RB1</i>
Wilms tumor	<i>WT1</i> , others
Familial adenomatous polyposis	<i>APC</i>
Multiple endocrine neoplasia type 2	<i>RET</i>
Li-Fraumeni	<i>TP53</i>
Von Hippel-Lindau	<i>VHL</i>
Nevoid basal cell carcinoma	<i>PTC</i>

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## Acute Lymphocytic Leukemia

- Presenting signs:
  - Fever, bone pain, arthritis, pallor, petechiae, bruising
  - lymphadenopathy, hepatosplenomegaly
- Peak Age : 3-6 years
- Labs
  - CBC normal or cytopenias or high WBC
  - High LDH or Uric acid
  - CXR -CSF

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## Acute Lymphocytic Leukemia

- Prognosis
  - Better for low WBC count, pre-B type (non-T)
  - DNA index > 1.16 (Hyperdiploid) better
  - t(9,22) Ph+ worse
- Treatment
  - Induction: Prednisone, Vincristine, Asparaginase
  - Consolidation/maintenance: 6MP + methotrexate
  - trimethoprim/sulfa: PCP/PJP prophylaxis

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## ALL- Chicken Pox

- High risk of disseminated fulminant disease in susceptible patients on chemotherapy (Prednisone)
- If previously had chicken pox or the vaccine and IgG titer positive: **Reassure**
- **Exposure:** > 1/2 hour in same room with a child who has active vesicles or who develops rash within 2 days of exposure
- VZIG or IVIG within 72 hours if seronegative
- If rash develops: IV acyclovir, CXR, LFT's

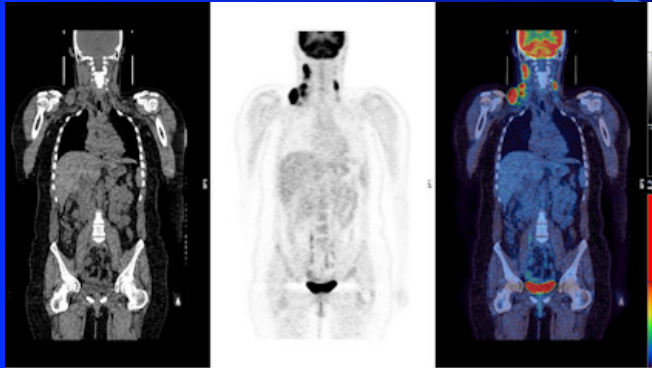
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## Lymphomas

- **Hodgkin's Lymphoma**
  - Fever, night sweats, weight loss, lymphadenopathy, mediastinal mass, spleen, marrow involvement
- **Non-Hodgkin's Lymphoma**
  - Burkitt's: jaw, ileocecal, marrow. B-cell
  - Lymphoblastic: Mediastinal mass, T-cell leukemia
  - Large cell lymphoma: LN's, bone, lung, skin

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## PET CT in Hodgkin's Lymphoma



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## CNS Tumors In Children

Most common solid tumor in children

- Supratentorial astrocytoma 15-25%
- Cerebellar astrocytoma 10-20%
- Medulloblastoma 10-20%
- High grade glioma 10-15%
- Brain stem glioma 10-20%
- Ependymoma 5-10%
- Craniopharyngioma 6-9%
- Pineal tumors 0.5-2%

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## Risk Factors for Brain Tumors

### ● GENETIC

- Phacomatoses: NF-1, NF-2, Tuberous sclerosis, von Hippel Lindau
- Li-Fraumeni syndrome: p53 gene mutation
- Turcot syndrome: APC gene
- Random events

### ● Environmental

- Ionizing radiation:
  - In utero,
  - cranial XRT in ALL
- Electromagnetic fields
  - Conflicting data
- Immunosuppressive agents
- Toxic chemicals

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## Clinical Presentation Neurologic Deficits

### Supratentorial

- Headache
- Seizures
- Hemiparesis
- Hyper-reflexia
- Clonus

### Infratentorial

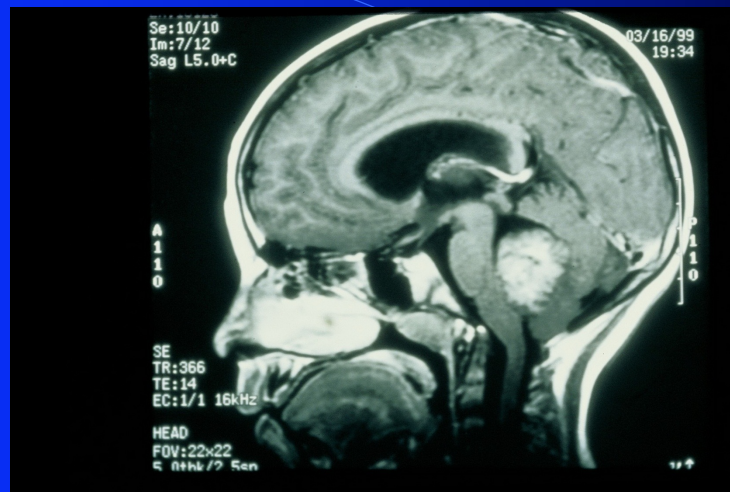
- Headache +vomiting (hydrocephalus)
- Ataxia
- Dysmetria
- Cranial nerve V-IX dysfunction

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## Clinical Presentation

- Lethargy
- Declining academic performance
- Personality changes, irritability
- Anorexia
- Developmental delay
- Macrocephaly
- “setting sun” eyes

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MEDULLOBLASTOMA

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## Medulloblastoma

- Primitive neuroectodermal tumor of posterior fossa
- 25% of childhood CNS tumors
- 40% of posterior fossa tumors
- Arises from neuroepithelial roof of 4<sup>th</sup> ventricle
- Peak incidence: 1-4yrs of age

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## Medulloblastoma- Treatment

- Complete surgical resection
- Craniospinal radiotherapy with Boost to posterior fossa to 5400 cGy
- Chemotherapy  
cisplatin/vincristine/etoposide/cytoxan or ccnu
- 5- year survival 60-70% for high risk  
80-90% for average risk
- Multiple subtypes

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## Wilms' Tumor

- Nephroblastoma
- Most common kidney tumor in childhood
- 6% of childhood malignancies
- 7.5 cases per million children yearly
- Peak age at diagnosis 2-3 years

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## Wilms'- Presentation

- Abdominal or flank mass
- Hematuria
- Pain, fever, malaise
- Hypertension

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## Wilms' Tumor Genetics

- Most cases are sporadic
- Rarely familial- autosomal dominant (1%)
- WT1 gene on chromosome 11 short arm deleted or inactivated
- Associated congenital anomalies:  
aniridia, hemihypertrophy, GU anomalies  
NF-1, Beckwith-Weidemann syndrome

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## Genetic Heterogeneity in Wilms Tumor Syndromes

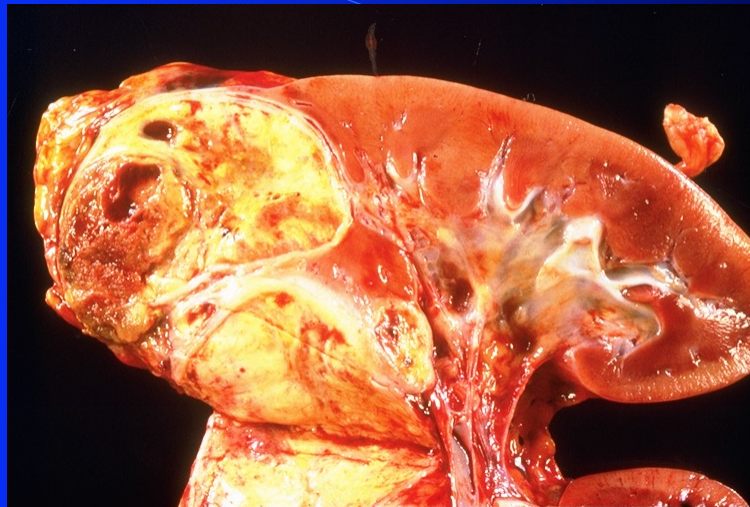
Locus	Syndrome
<i>WT1</i> gene at 11p13	Denys-Drash
11p13 region	WAGR
11p15 region	Beckwith-Wiedemann
Xq26	Simpson-Golabi-Behmel
17q12-21	Familial Wilms
19q13	Familial Wilms

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BECKWITH-WEIDEMAN  
SYNDROME



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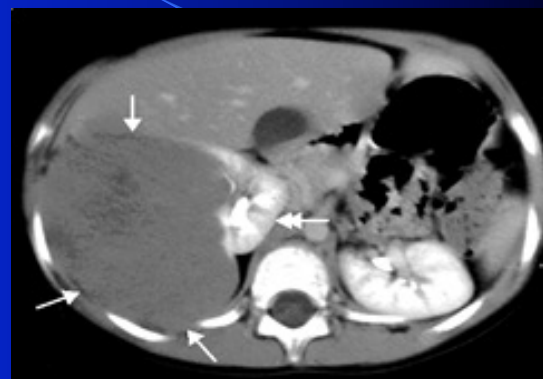
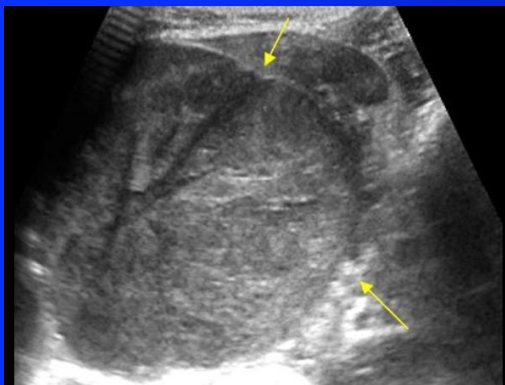
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## Diagnostic Evaluation- Wilms'

- History and physical exam
- Abdominal ultrasound
- Chest X-ray with oblique views
- CT or MRI scan of abdomen
- CT scan of chest
- CBC, BUN, Cr, LFT's
- Urinalysis

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## Wilms Tumor



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## Staging of Wilms' Tumor

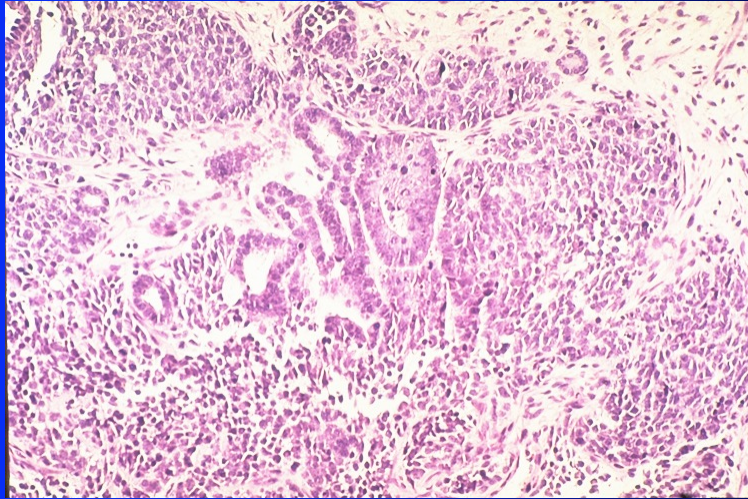
- **STAGE I:** Tumor limited to kidney and completely resected.
- **STAGE II:** Tumor extends beyond kidney and completely excised. (e.g..... through renal capsule, or into renal vein)
- **STAGE III:** Residual tumor confined to abdomen:  
Incomplete resection, lymph node involvement, peritoneal implants, tumor spillage beyond flank
- **STAGE IV:** Metastasis to lungs, liver, brain, or bone
- **STAGE V:** Bilateral renal involvement.

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## Wilms'- Histology

- Favorable  
Blastemal- Stromal- Epithelial elements
- Unfavorable or anaplastic  
Rapidly dividing, large nuclei, mitoses
- Nephroblastomatosis  
small blastemic clusters- pre-malignant?
- Clear cell sarcoma
- Rhabdoid Tumor

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## Treatment of Wilms' Tumor

- **SURGERY**

Attempt complete removal, Biopsy lymph nodes,  
Inspect other kidney, Stage and histology

- **CHEMOTHERAPY**

Post-operative vs. pre-operative  
Vincristine + Actinomycin  
Adriamycin, Ifosfamide, VP-16

- **RADIOTHERAPY**

Stages III and IV only

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## Bilateral Wilms'

- Synchronous 4-7%  
Metachronous 1-2%
- Approach: Biopsy or partial resection  
Chemotherapy  
+/- Radiation  
Second look surgery
- Survival: 87%

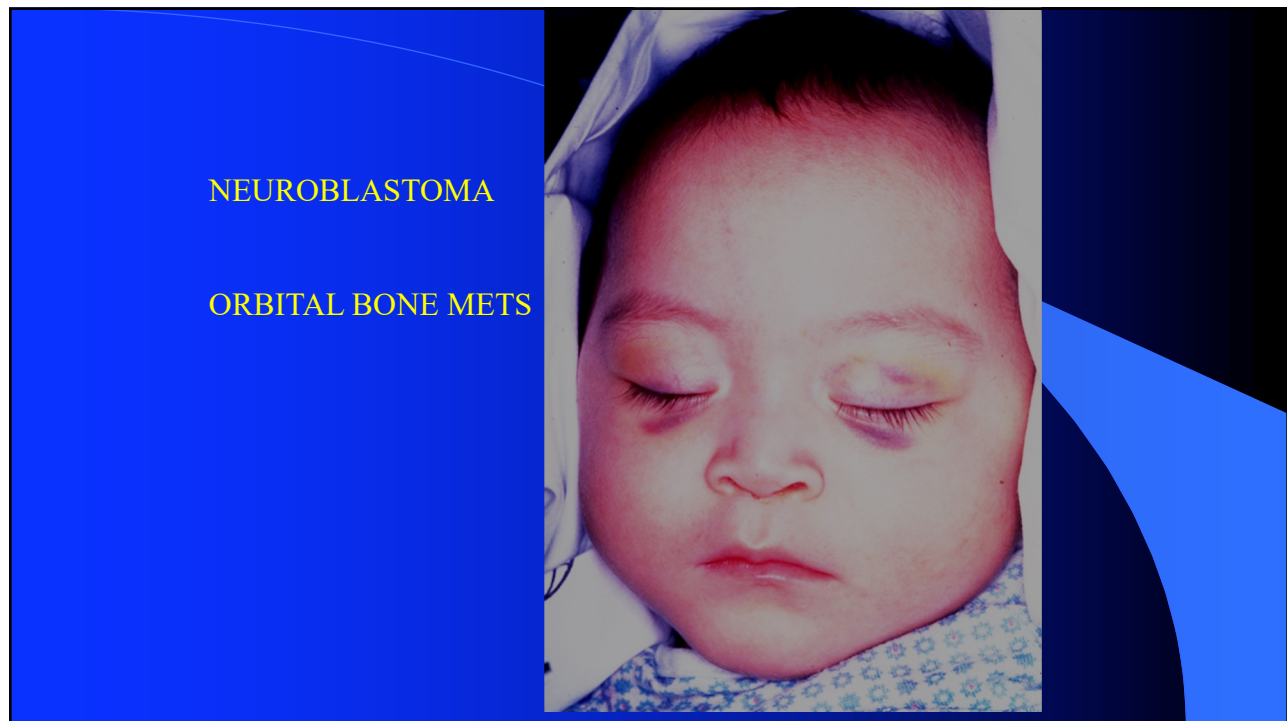
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## Late Effects- Wilms'

- Single kidney: contact sports, renal disease
- Radiation:
  - scoliosis
  - soft tissue under-development
  - thyroid function
  - 2nd malignancy: sarcoma, AML, breast, thyroid, skin
- Chemotherapy: Cardiac (anthracycline)

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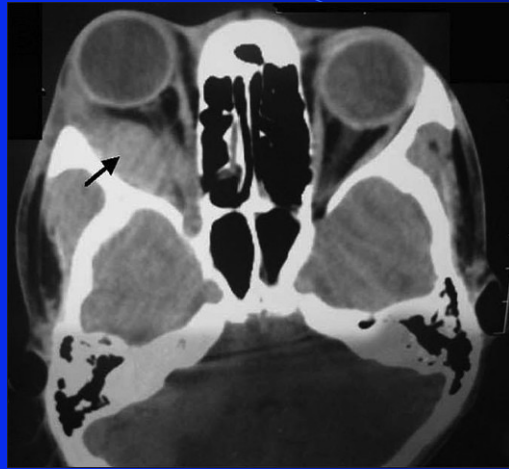


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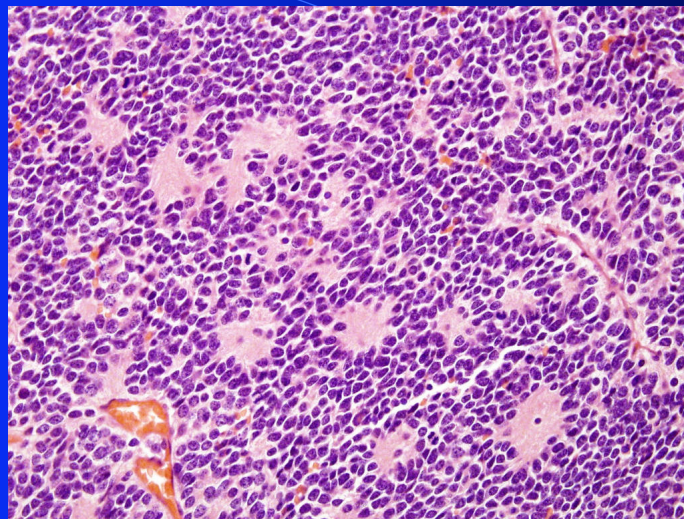
## NEUROBLASTOMA

- Tumor of neural crest origin sympathetic nervous system
- 2nd most common solid tumor in children
- Most common in 1st year of life
- 7-9.6 cases per million children yearly=500
- Spontaneous regression or maturation to ganglioneuroma possible

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## NBT- Pathology

- “Small Blue Round Cell” Tumor
  - Dense nests of cells separated by fibrillar bundles with hemorrhage, necrosis, calcification, and rosettes.
  - Ganglion cells, nerve bundles, and schwann cells present in mature form.

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## NBT-Biology

- Rare genetic predisposition- ALK gene
- N-myc oncogene amplification- Chr. 2
- Deletion of short arm of chromosome 1
- DNA index or ploidy

$$\frac{\text{DNA CONTENT OF TUMOR}}{\text{NORMAL DNA CONTENT}} \geq 1.0$$

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## Neuroblastoma in Infants

- A distinct biologic entity with good prognosis.
- Age < 18 months
- Hyperdiploid (DNA index >1.0)
- N-myc not amplified

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## Neuroblastoma

- Primary sites
  - Abdomen: adrenal 40%
  - paraspinal ganglia 25%
  - Thorax: paraspinal ganglia 15%
  - Neck 5%
  - Pelvis 5%
- Metastatic disease 60-70% at diagnosis

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## NBT- Presentation

- Abdominal mass
- Respiratory symptoms
- Superior vena cava syndrome
- Horner's syndrome
- Vascular compression/edema lower extremity
- Spinal cord compression
- Bone marrow infiltration: anemia, thrombocytopenia, pain
- Sphenoid bone mets: ecchymosis of eyelids, proptosis
- Subcutaneous nodules
- Ataxia/ opsoclonus-myoclonus syndrome
- Intractable diarrhea- vasoactive intestinal polypeptide
- Hypertension

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## NBT- Diagnosis

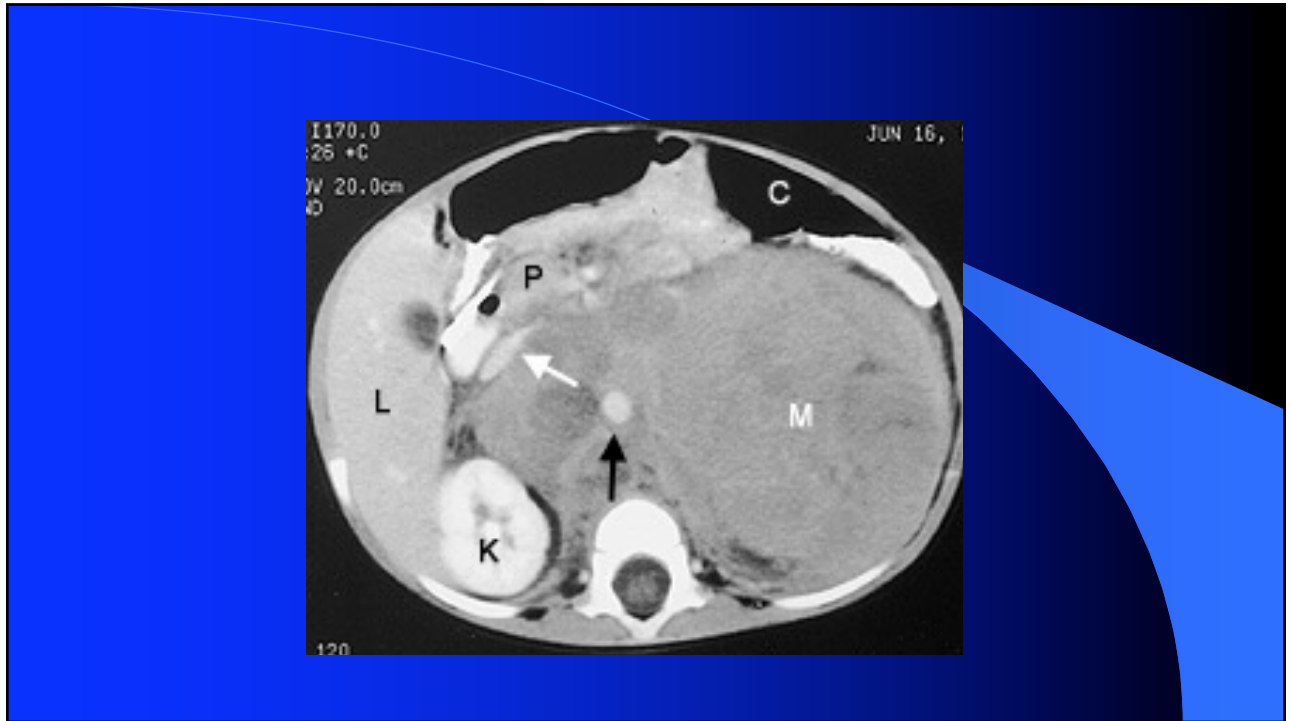
- Suspect neuroblastoma!
- Urine catecholamine metabolites elevated in 90% of children- VMA and HVA
- Nonspecific markers: NSE, ferritin, GD2
- Bone marrow aspirate and biopsy
- Radiologic work-up

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## Radiologic Evaluation-NBT

- CT scan of primary
- CT scan of abdomen
- Skeletal survey including CXR
- MRI for paraspinal/intraspinal disease
- Metaiodobenzylguanidine scan ( $^{123}\text{I}$ -MIBG)
- PET CT

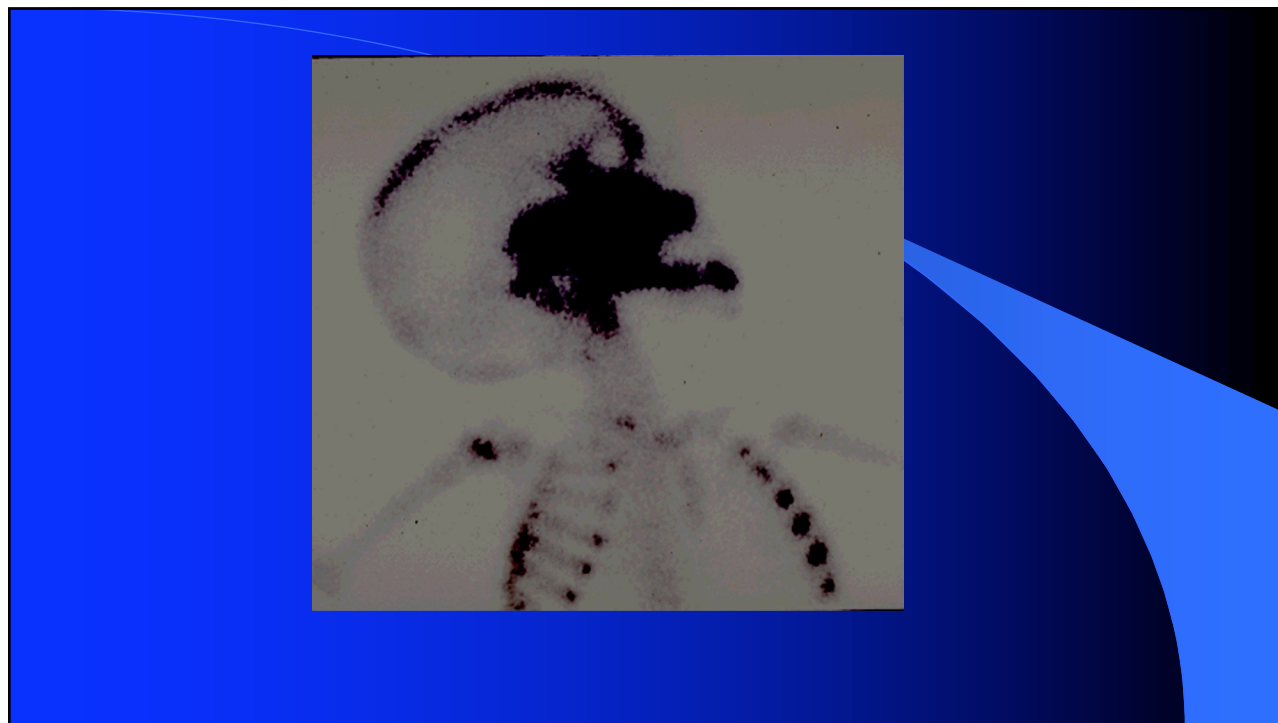
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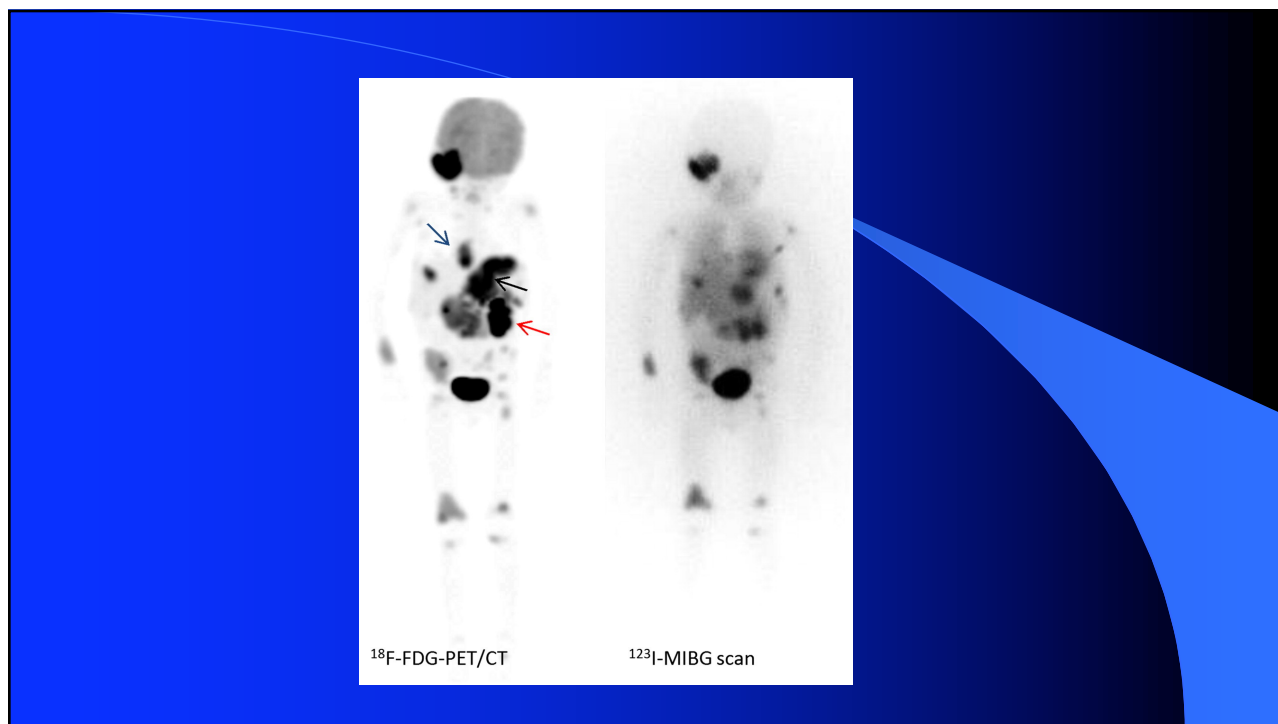
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## Neuroblastoma-Staging

Evans- POG- *International Staging System*

- **Stage 1.** Localized tumor confined to the area of origin- *complete excision*, +/- microscopic residual, no positive nodes.
- **Stage 2.**
  - 2A) Unilateral tumor *incompletely* excised, negative nodes
  - 2B) Unilateral tumor with *positive ipsilateral nodes*, +/- gross excision, negative contralateral nodes

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## NBT-Staging

- **Stage 3:** Tumor infiltrating across midline or presence of *contralateral* lymph nodes.
- **Stage 4:** Dissemination to distant lymph nodes, bone, bone marrow, or liver
- **Stage 4S:** Localized primary as in stages 1 or 2 with liver, skin, +/- bone marrow disease. No lymph nodes, no bone disease.

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## International Neuroblastoma Risk Group Staging System (INRGSS)

Stage	
L1	Localized disease without image-defined risk factors
L2	Localized disease with image-defined risk factors
M	Metastatic disease
MS	Metastatic disease "special" where MS is equivalent to stage 4S

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## Treatment - NBT


- Low risk (<18 months)
  - Stage 1,2, 4S: No therapy, Surgery only
  - Stage 3, 4: Cyclo/Adria +/- Cisplatin/VP-16
- High risk (>12 mo., N-myc amplified)
  - Intensive chemotherapy- add Ifosfamide, Carbo
  - Radiation therapy
  - Bone marrow or stem cell rescue
  - Immunotherapy/MIBG
  - 2nd look surgery

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## Retinoblastoma

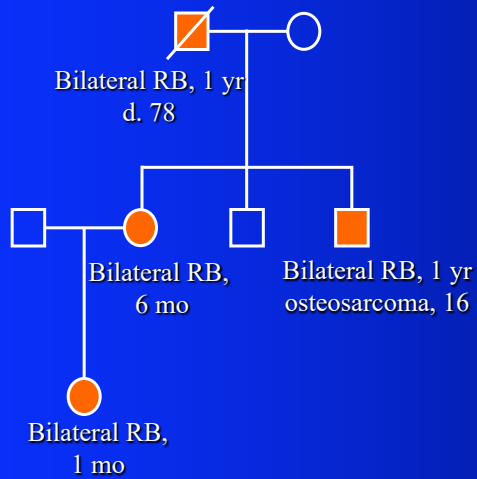


- 1 in 18,000 live births
- 80% diagnosed before age 3-4 yr.
- 20-30% bilateral
- 90% sporadic (i.e.... no family history)
- 40% are related to a germline mutation in Rb gene

A photograph of a young child with dark hair, wearing a white ruffled shirt. The child's right eye (viewer's left) shows a white reflection, indicating retinoblastoma. The background is a solid blue color.

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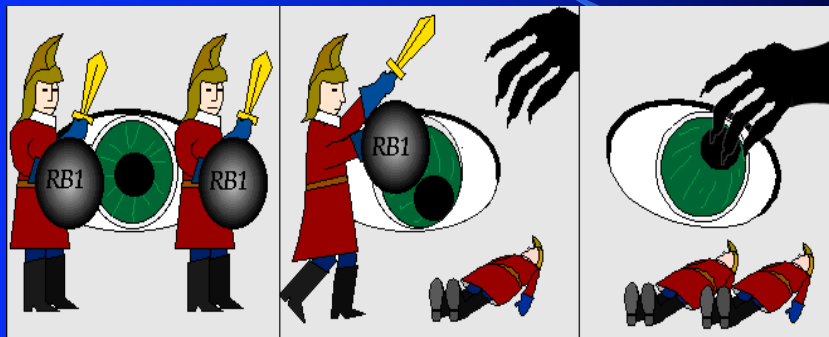
## Genetic Features of Heritable Retinoblastoma



- Autosomal dominant transmission
- *RB1* gene on chr 13 (first tumor suppressor gene discovered)
- Penetrance >90%
- Prototype for Knudson's "two-hit" hypothesis

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## Knudson's "Two-Hit" Model for Retinoblastoma



Normal  
2 intact copies

Predisposed  
1 intact copy  
1 mutation

Affected  
Loss of both  
copies

Modified from *Time*, Oct. 27, 1986

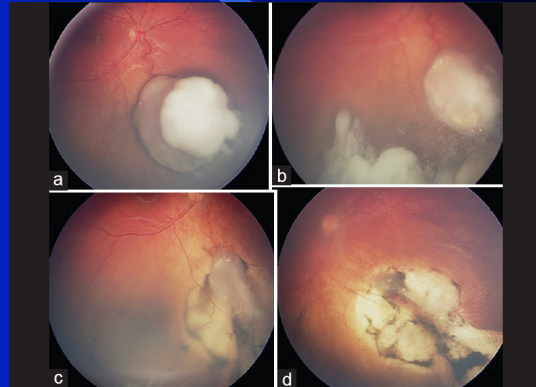
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## Retinoblastoma

- ***PRESENTATION***

LEUKOCORIA  
STRABISMUS  
PUPIL/IRIS ABNORMALITIES



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## Retinoblastoma

- ***PATTERN OF SPREAD***

Extension into orbit -scleral emissary veins  
Invasion of optic nerve  
Subarachnoid spread into CSF  
Bone, brain, or bone marrow  
Pineal gland tumor

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## Retinoblastoma

- *TREATMENT*

- Surgery-Laser- Cryotherapy
- Radiotherapy- avoided
- Chemotherapy
  - Systemic
  - Intra-arterial
  - Intra-vitreous

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## Soft Tissue Sarcomas

- Highly aggressive malignancies
- Originate from primitive mesenchymal cells:
  - fibrous tissue, adipose, blood and lymphatics
  - fasciae, synovial structures
  - smooth and striated muscles

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## Rhabdomyosarcoma

- Arises from rhabdomyoblasts
- 5-8% of childhood cancers
- 4 per million children yearly
- Slight male preponderance
- Associated with familial cancer syndrome  
Li-Fraumeni - (p53 mutation)

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## Clinical Presentation- RMS

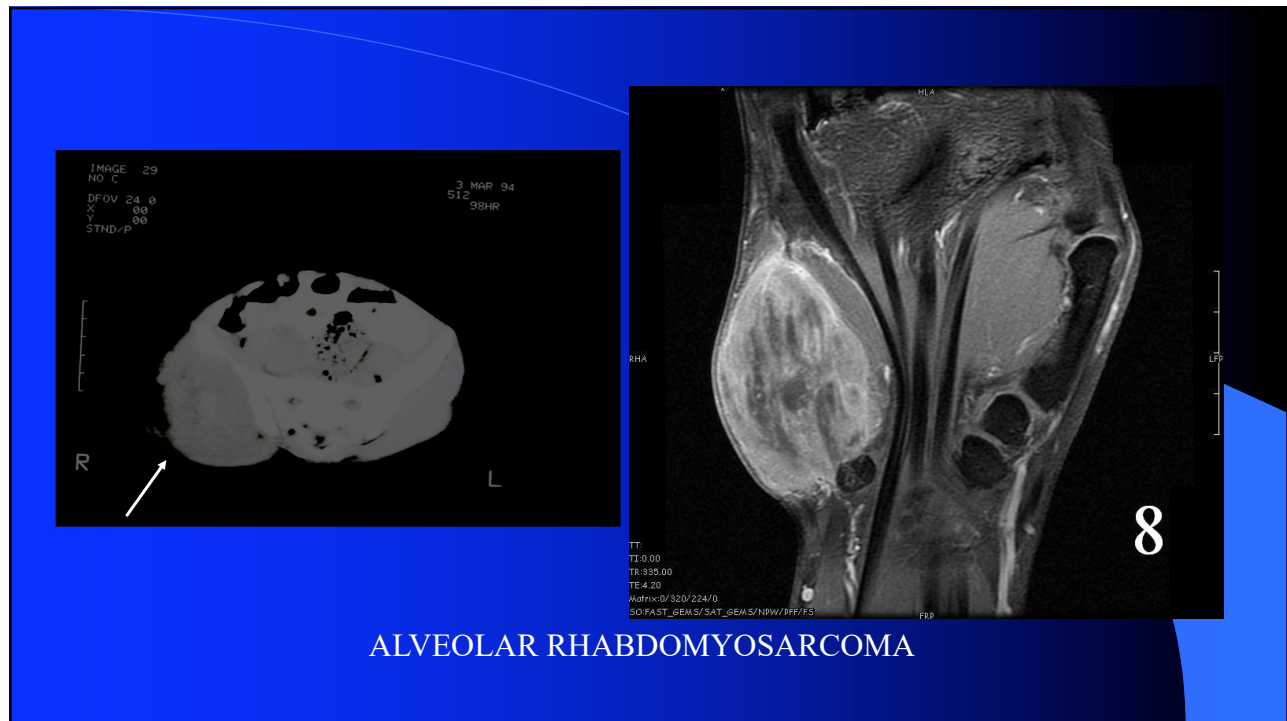
- **Orbit:** proptosis, eyelid swelling, blindness
- **Paranasal sinuses:** nasal obstruction, sinusitis, epistaxis, nasal speech
- **Base of skull:** cranial nerve palsy, headache, vomiting, diplopia
- **Oropharynx:** dysphagia
- **Middle ear:** chronic otitis, facial palsy, hearing loss

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## RMS- Clinical Presentation

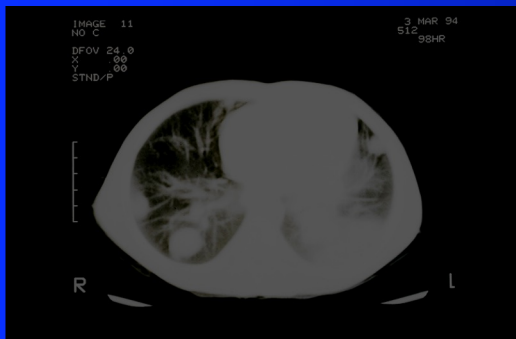
- **Extremity:** palpable mass, lymph node enlargement.
- **Retroperitoneal:** abdominal pain, weakness, parasthesia (lumbosacral plexus)
- **Vaginal:** bleeding, protruding polypoid mass
- **Bladder/prostate:** urinary retention, hematuria
- **Paratesticular:** scrotal mass (non-tender)
- **Metastasis:** bone pain, cytopenias

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CHEST CT WITH LUNG METASTASIS

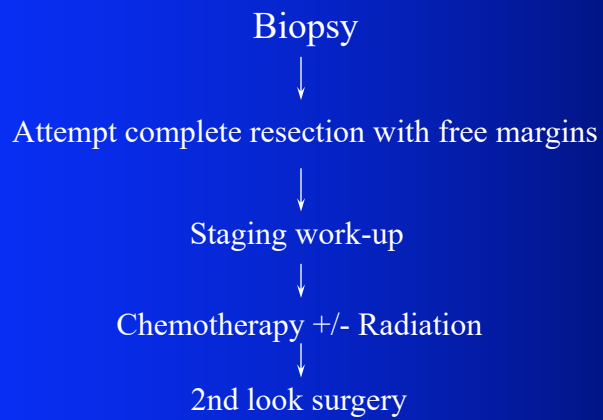
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## Diagnostic Evaluation-RMS

- History+ physical
- CBC, liver- kidney function, U/A
- CT/MRI primary tumor
- CXR, CT chest
- CT abdomen /pelvis (lymph nodes)
- Bone scan/PET CT
- Bone marrow aspirate + biopsy
- CSF cytology (parameningeal tumors)

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## Approach to a Patient With Rhabdomyosarcoma



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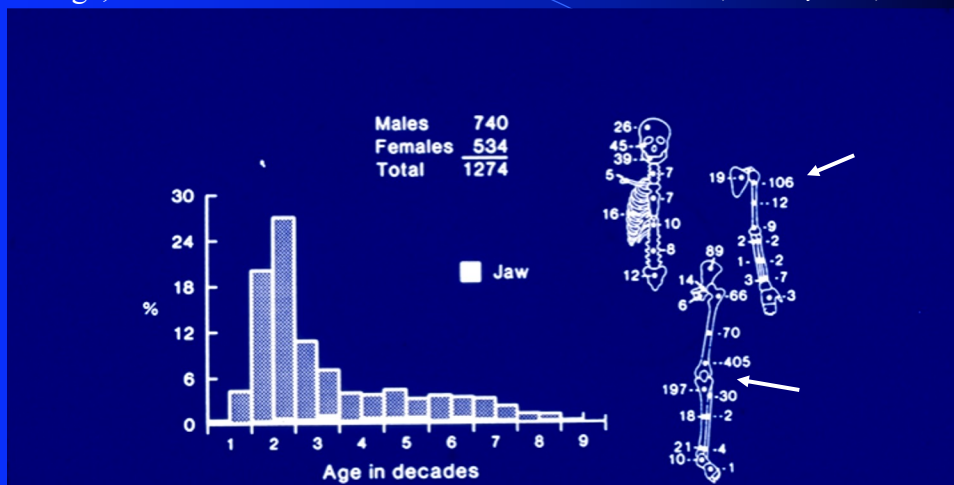
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# OSTEOSARCOMA

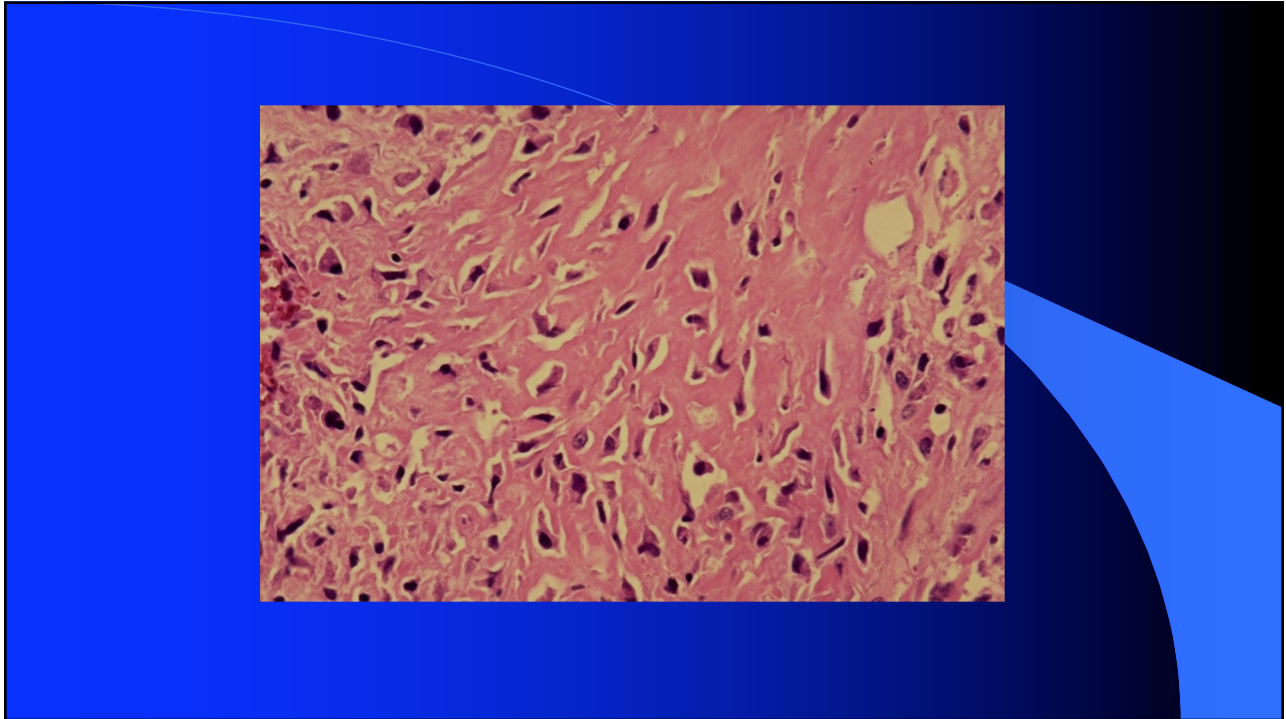
- Epidemiology
- Etiology + Genetics
  - retinoblastoma gene
  - p53 gene
  - growth spurt
  - radiation induced

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Age, Sex and Skeletal distribution of Osteosarcoma (Dahlin-Mayo Clinic)



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## Osteosarcoma

- Most common malignant bone tumor
- Distal femur most common then proximal tibia and humerus (growth plates)
- Sunburst appearance on X-ray
- Metastasis to lungs+bones (CT chest,PET scan)
- Treatment with chemotherapy: cisplatinum, doxorubicin and methotrexate and surgery ; (limb-salvage or amputation)

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## Osteosarcoma- Clinical Presentation

- Bone pain
- Swelling

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## Osteosarcoma- Treatment

- Surgery
- Adjuvant chemotherapy (post-op)
- Pre-surgical chemotherapy
  - Histologic evaluation
- Biologic response modifiers (BCG-MTP-PE- CAR-T cells)

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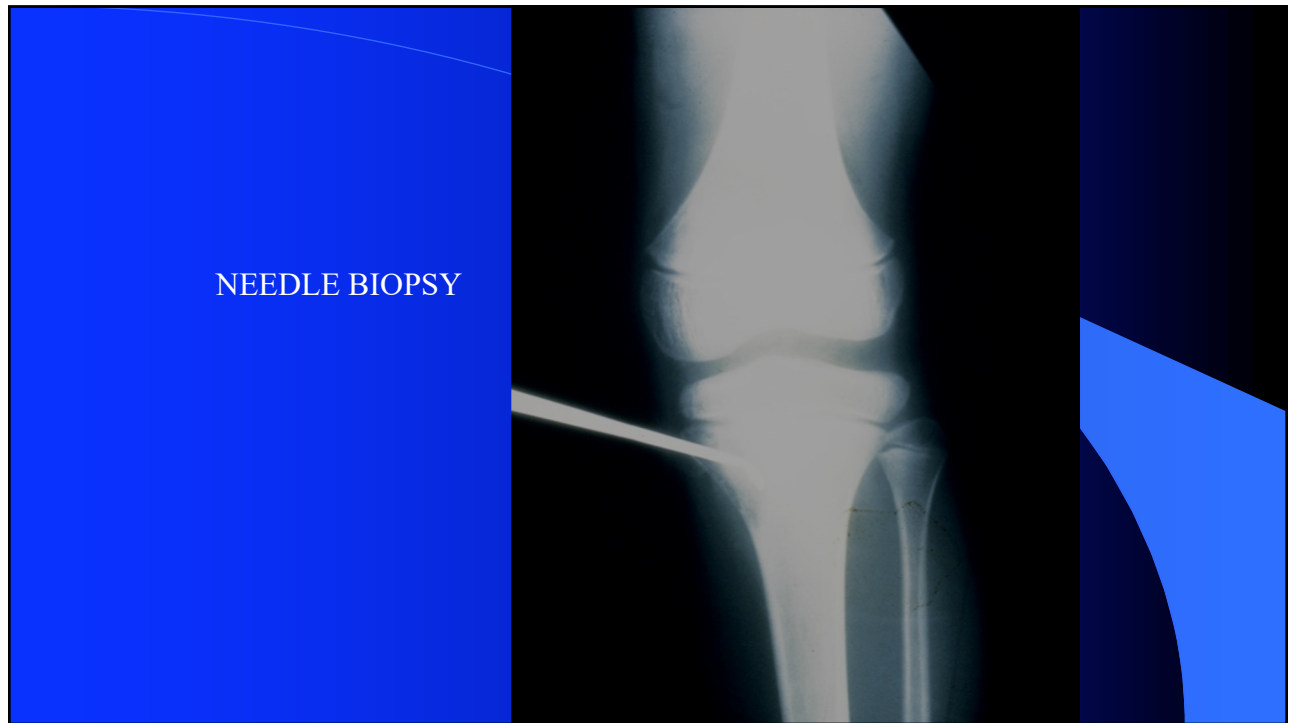
## Osteosarcoma- Surgery

- Amputation
- Limb Salvage
  - AUTOLOGOUS GRAFT
  - VASCULARIZED GRAFT
  - ALLOGRAFT
  - ENDOPROSTHESES
  - EXCISION

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FEMUR ALLOGRAFT WITH METALLIC PROSTHESIS

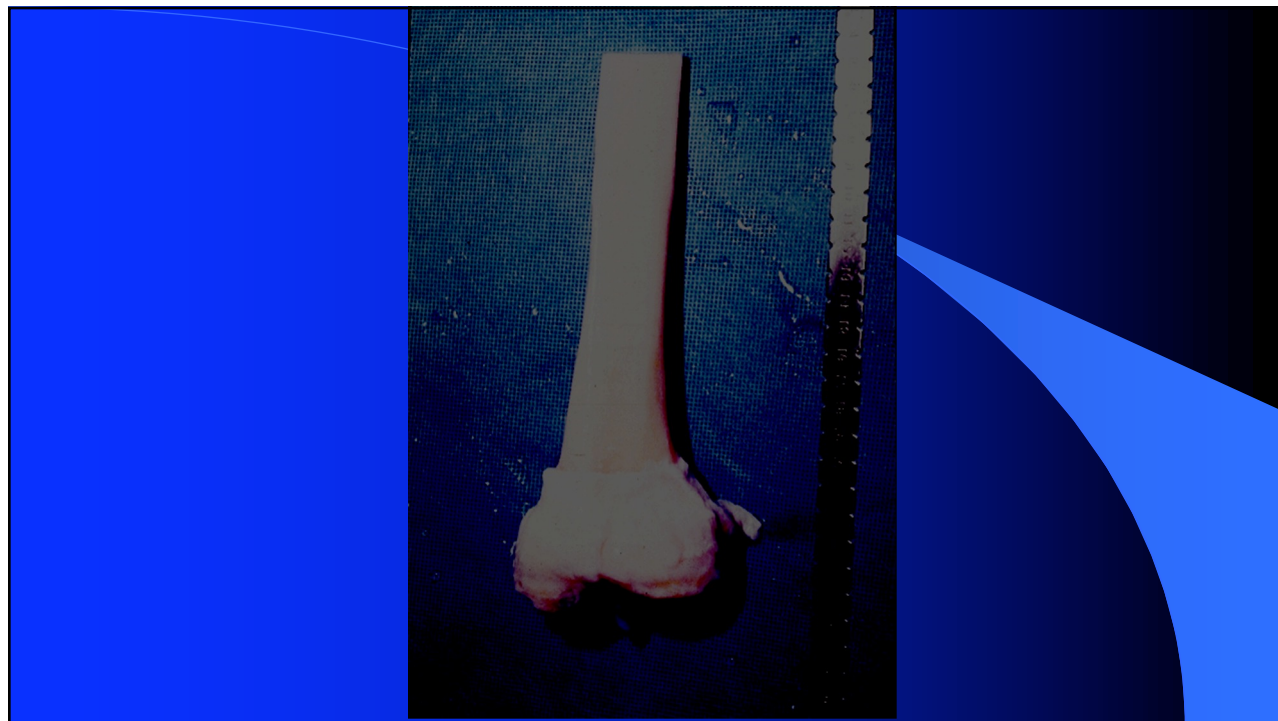
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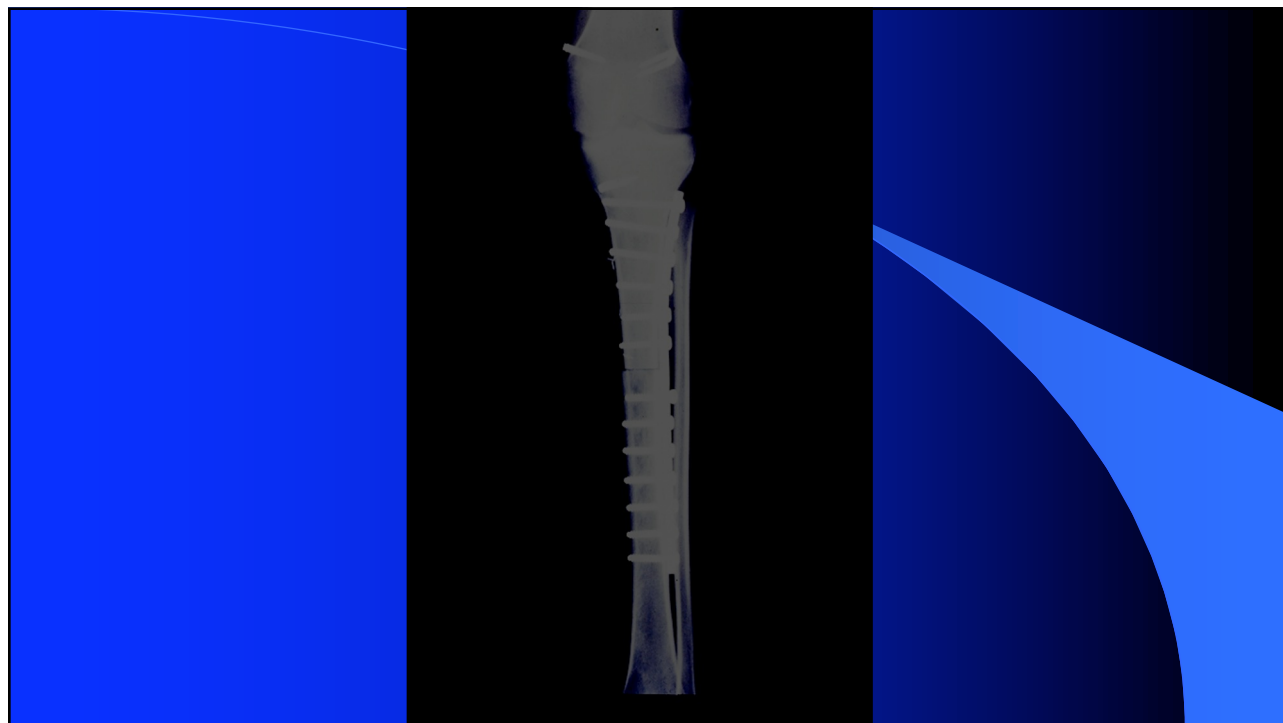
## Osteosarcoma- Chemo

- Chemotherapy for local and disseminated disease control.
- Methotrexate, Cisplatin, Doxorubicin pre- and post-operatively for 8-12 months
- Improves survival to ~ 75%
- Ifosfamide, carboplatin, etoposide (ICE) for relapses or non-responders

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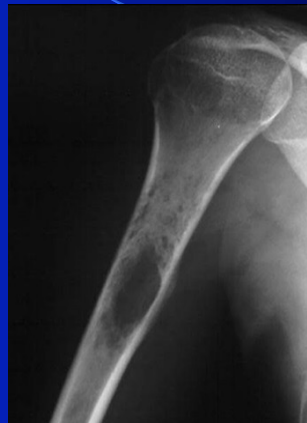


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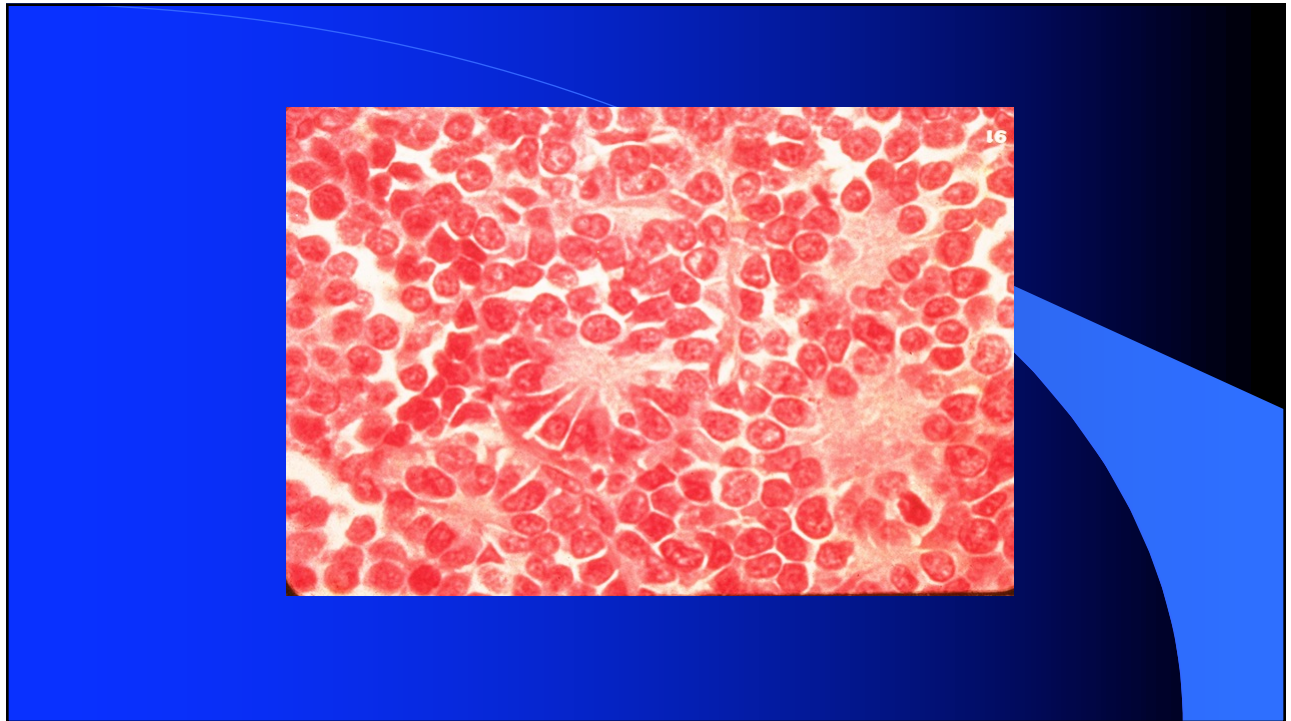
## Ewing Sarcoma

- Malignant small blue round cell tumor of bone or soft tissue. Any bone can be involved.
- Onion skin appearance on X-ray
- Bone pain, fever, high LDH
- PAS stain+, Mic-2, CD-99, t(11;22), FISH
- Lung, bone, and bone marrow mets
- Chemotherapy VAC, surgery, +/- radiation

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**EWINGS / PNET  
CHROMOSOMAL ANALYSIS**

$t(11;22)(q24;q12)$

EWS/FLI1 fusion

11 c-ets

22 lambda locus bcr c-sis

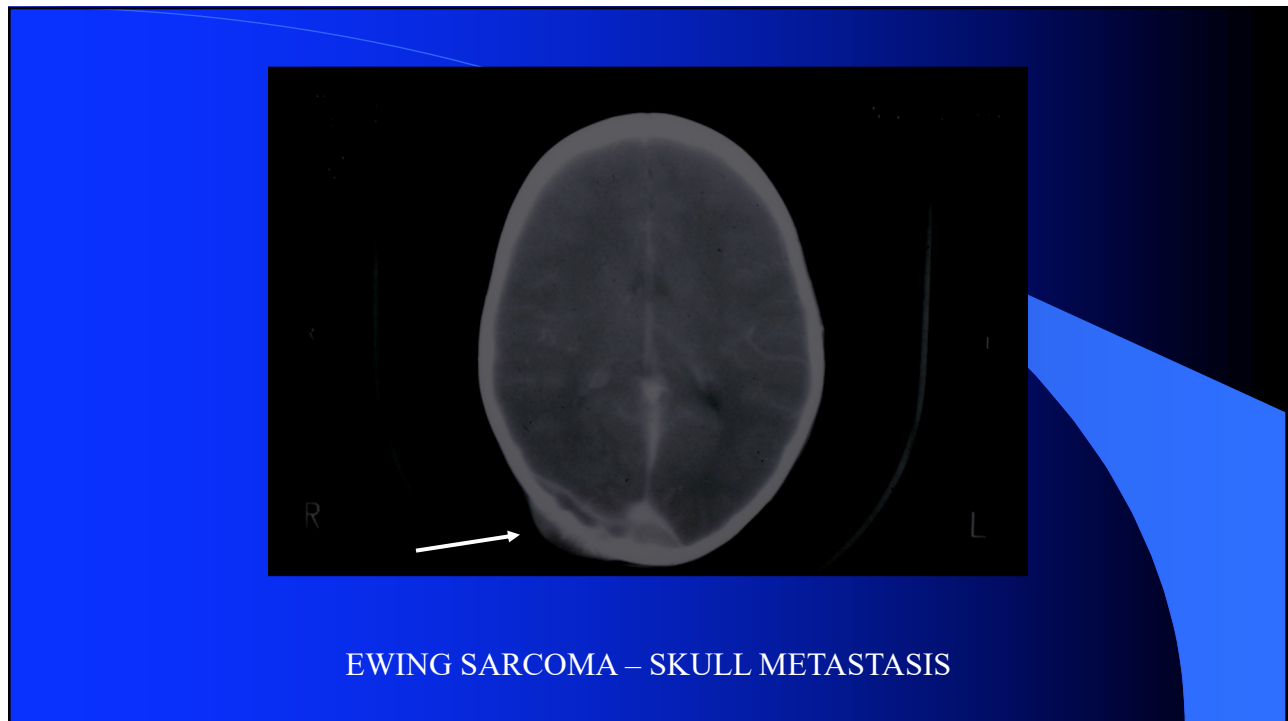
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## Langerhan Cell Histiocytosis

- LCH affects patients from neonates to adults. The age at onset varies according to the variety of LCH.
- Unifocal
  - Localized eosinophilic granuloma occurs mostly frequently in those aged 5-15 years.
- Multi-focal
  - The chronic multifocal form, including Hand-Schüller-Christian syndrome, has a peak of onset in children aged 2-10 years.
- Multi-system
  - Letterer-Siwe disease occurs predominantly in children younger than 2 years.

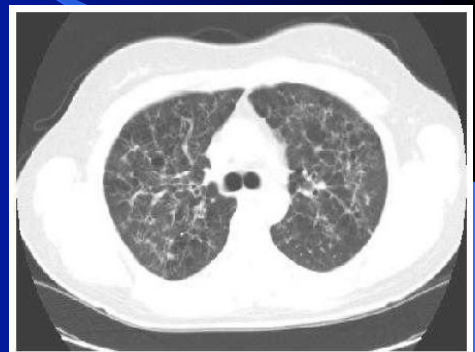
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## LCH

- Classic Triad of Hand-Schüller-Christian syndrome
  - **Lytic bone lesions** (esp. Skull defects)
  - **Diabetes Insipidus**
  - **Exophthalmos**
- Oral Changes
  - Gum swelling and necrosis
  - Extrusion of teeth
- Rash
  - Papular, seborrheic or petechial rash
  - Minute xanthomatous **Nodules**
  - Raised yellow to brown lesions in neck and axilla
- Growth retardation
- Developmental delay
- Lung changes- honeycomb appearance

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## Histiocytosis



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## LCH treatment

- Unifocal- surgery, curettage, observation, steroids locally
- Multifocal or CNS base of skull
  - Steroids and vinblastine
  - Cytarabine
- Systemic
  - Cytarabine, vinblastine, 6MP, Methotrexate
  - 2CDA, clofarabine, V600E BRAF inhibitors

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