



26<sup>th</sup> Annual General Pediatric Review & Self-Assessment

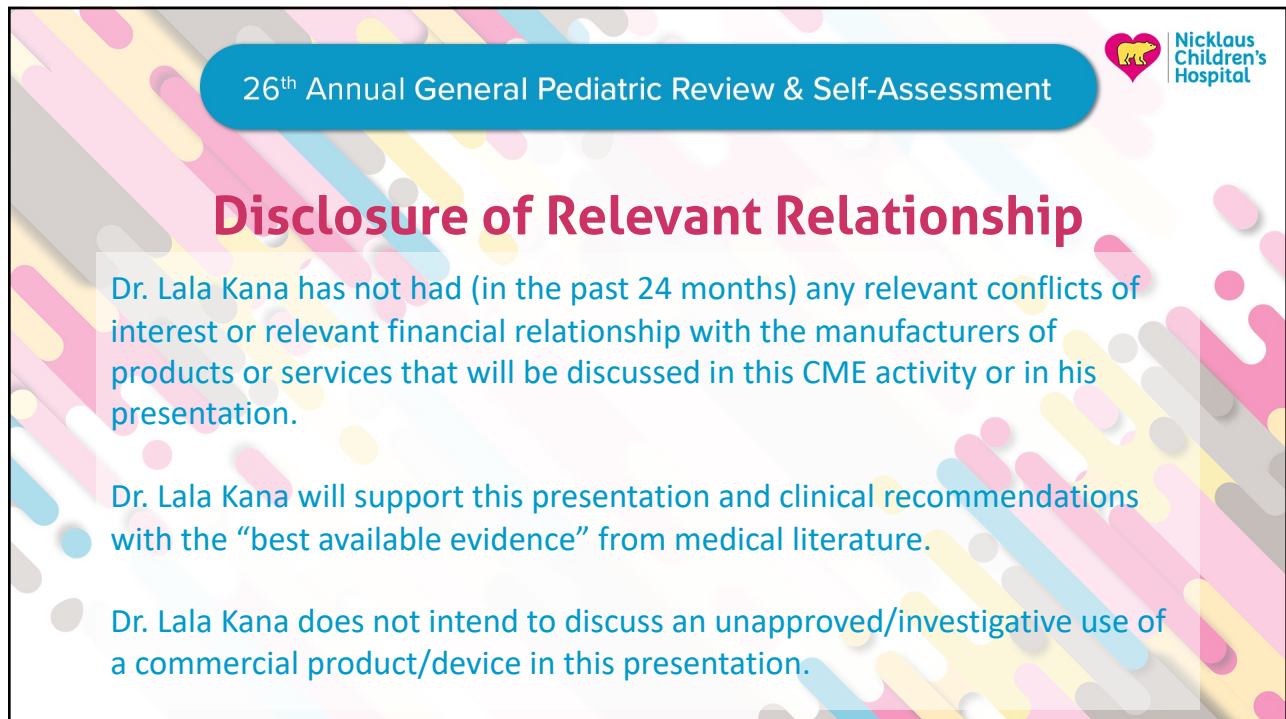
**METABOLISM**

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Nicklaus Children's Hospital  
Miami, Florida



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Dr. Lala Kana has not had (in the past 24 months) any relevant conflicts of interest or relevant financial relationship with the manufacturers of products or services that will be discussed in this CME activity or in his presentation.

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## OBJECTIVES

- DEFINE INBORN ERRORS OF METABOLISM (IEM)
- RECOGNIZE THE IMPORTANCE OF EARLY DIAGNOSIS OF IEM
- CHARACTERIZE COMMON METABOLIC DISORDERS
- DETERMINE PRINCIPLES OF TREATMENT FOR IEM

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## OVERVIEW OF METABOLIC DISORDERS

- CLASSIFICATIONS
- CLINICAL PRESENTATION
- NEWBORN SCREEN
- COMMON METABOLIC DISORDERS
- PRINCIPLES OF TREATMENT

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## DEFINITION

- INBORN ERRORS OF METABOLISM
  - GROUP OF GENETIC DISORDERS AFFECTING THE FUNCTION OF ENZYMES, TRANSPORTERS, OR OTHER PROTEINS RESPONSIBLE FOR NORMAL METABOLIC PROCESSES
  - SPECIFIC SUBSTANCES IN THE BODY MAY NOT BE PROPERLY SYNTHESIZED, BROKEN DOWN, OR TRANSPORTED → ACCUMULATION OF TOXIC SUBSTANCES AND/OR DEFICIENCIES IN ESSENTIAL MOLECULES

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## CLASSIFICATIONS

- AMINO ACID DISORDERS: DEFECTS IN THE METABOLISM OF AMINO ACIDS, THE BUILDING BLOCKS OF PROTEINS
  - EX: PHENYLKETONURIA (PKU), MAPLE SYRUP URINE DISEASE (MSUD), AND HOMOCYSTINURIA
  - PREVALENCE OF 1 IN 1,000 TO 1 IN 2,500 BIRTHS
- ORGANIC ACIDEMIAS: DEFECTS IN THE METABOLISM OF ORGANIC ACIDS
  - EX: PROPIONIC ACIDEMIA, METHYLMALONIC ACIDEMIA, AND ISOVALERIC ACIDEMIA
  - PREVALENCE OF 1 IN 50,000 TO 1 IN 100,000 BIRTHS
- FATTY ACID OXIDATION DISORDERS: DEFECTS IN THE METABOLISM OF FATTY ACIDS FOR ENERGY PRODUCTION
  - EX: MEDIUM-CHAIN ACYL-COA DEHYDROGENASE (MCAD) DEFICIENCY, VERY-LONG-CHAIN ACYL-COA DEHYDROGENASE (VLCAD) DEFICIENCY
  - PREVALENCE OF 1 IN 10,000 TO 1 IN 20,000 BIRTHS

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# CLASSIFICATIONS

- LYSOSOMAL STORAGE DISORDERS: DEFECTS IN LYSOSOMAL ENZYMES RESPONSIBLE FOR BREAKING DOWN COMPLEX MOLECULES
  - EX: GAUCHER DISEASE, POMPE DISEASE, AND MUCOPOLYSACCHARIDOSES
  - PREVALENCE OF 1 IN 5,000 TO 1 IN 7,000 BIRTHS
  
- MITOCHONDRIAL DISORDERS: IMPAIRED MITOCHONDRIAL FUNCTION, WHICH AFFECTS CELLULAR ENERGY PRODUCTION
  - AFFECT VARIOUS ORGANS AND SYSTEMS IN THE BODY
  - EXACT PREVALENCE AND INCIDENCE RATES UNKNOWN
  
- UREA CYCLE DISORDERS: DEFECTS IN THE UREA CYCLE, WHICH IS RESPONSIBLE FOR REMOVING TOXIC AMMONIA FROM THE BODY
  - EX: ORNITHINE TRANSCARBAMYLASE (OTC) DEFICIENCY AND ARGININOSUCCINIC ACIDURIA
  - PREVALENCE OF 1 IN 8,000 TO 1 IN 44,000 BIRTHS

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# OVERVIEW OF METABOLIC DISORDERS

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## CLINICAL PRESENTATION

- OVERWHELMING ILLNESS IN THE NEONATAL PERIOD
- VOMITING (?PYLORIC STENOSIS)
- ACUTE ACIDOSIS, ANION GAP (ORGANIC ACIDEMIA)
- MASSIVE KETOSIS
- HYPOGLYCEMIA (FATTY ACID OXIDATION DEFECTS, HYPERINSULINISM)
- COAGULOPATHY
- COMA
- SEIZURES (ESPECIALLY MYOCLONIC)
- CHRONIC HICCUPS (NON-KETOTIC HYPERGLYCEMIA)
- UNUSUAL ODOR (MSUD)
- EXTENSIVE DERMATOSIS (ESPECIALLY MONILIAL)
- FAMILY HISTORY OF SIBLINGS DYING EARLY

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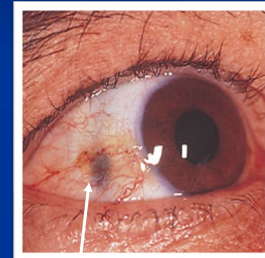
## URINE AND BODY ODORS

<i>Odour</i>	<i>Disorder/Origin</i>
Mouse	PKU
Maple syrup	Maple syrup urine disease
Sweaty feet	Isovaleric aciduria,
Cat urine	3-Methylcrotonylglycinuria,
Cabbage	Tyrosinaemia type I,
Rancid butter	Tyrosinaemia type I
Acidic	Methylmalonic acidaemia
Sulphur	Cystinuria
Rotten fish	Trimethylaminuria,

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# URINE COLOR

COLOR	SUBSTANCE	DISORDER
BROWN	MET-HB	MYOGLOBINURIA
BLUE	INDOLE	HARTNUP
RED	RBC, RED BEET, PORPHYRINS	HEMATURIA, FOOD, PORPHYRIA
BROWN-BLACK	HOMOGENITISATE	ALKAPTONURIA



Ochronosis



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# SPECIFIC TRIGGERS OF METABOLIC DECOMPENSATION

<i>Triggers</i>	<i>Groups of disorders</i>
Fasting, infections, fever, vaccinations, operations, accidents	Disorders of protein, energy and carbohydrate metabolism
High protein intake and/or protein catabolism	Disorders of protein metabolism: aminoacidaemias, organic acidurias, urea cycle defects
Fruit, table sugar (sucrose)	Fructose intolerance
Lactose, milk products	Galactosaemia
High fat intake	Fatty acid oxidation disorders,
Drugs	Porphyrias, Glc-6-P-dehydrogenase deficiency, fatty acid oxidation disorders

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## LABORATORY SCREENING TESTS

- LACTATE
- AMMONIA
- PLASMA AMINO ACIDS
- URINARY ORGANIC ACIDS /URINE ACYLGLYCINES
- ACYLCARNITINE PROFILE
- CARNITINE
- BIOTINIDASE

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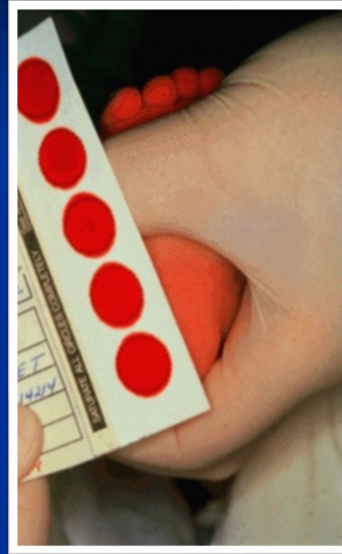
## OVERVIEW OF METABOLIC DISORDERS

- CLASSIFICATIONS
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- **NEWBORN SCREEN**
- COMMON METABOLIC DISORDERS
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# EXPANDED NEWBORN SCREENING

- PRESYMPTOMATIC DETECTION
- REDUCE MORBIDITY/MORTALITY



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NORMAL DEVELOPMENT  
AT 5 MONTHS



NEUROREGRESSION  
DX'ED WITH GLUTARIC ACIDURIA 1



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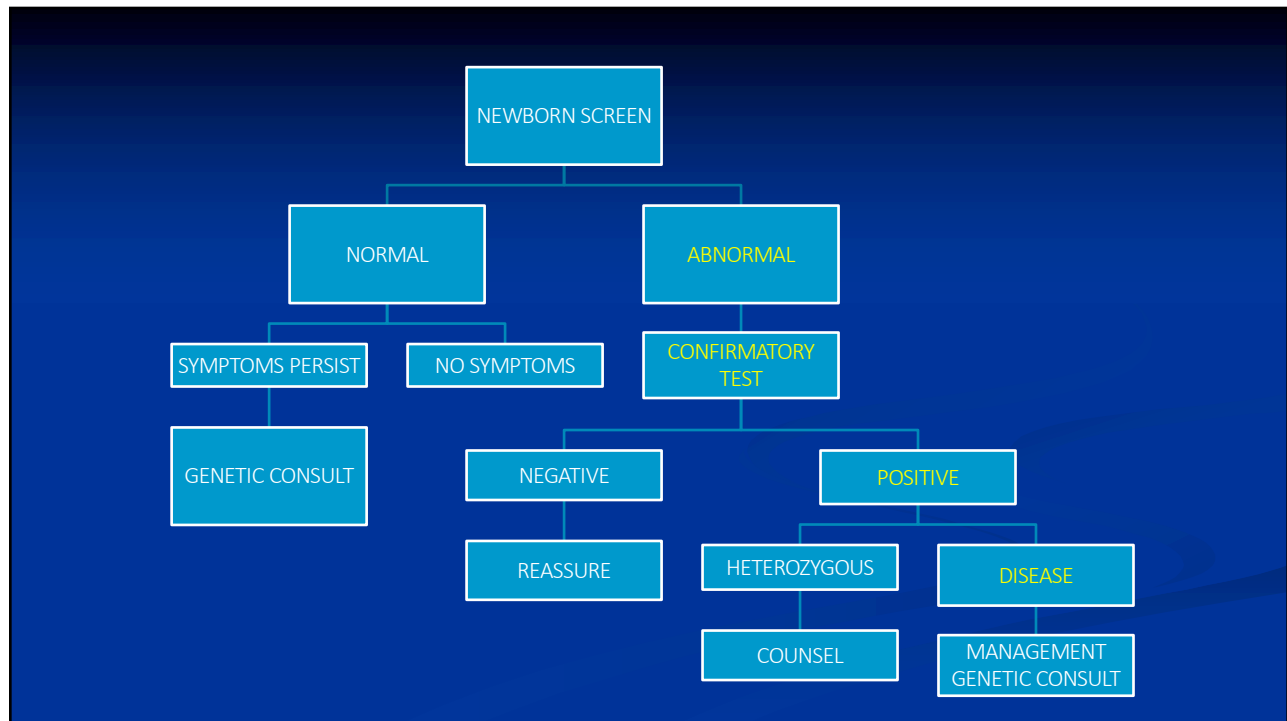


## DISORDERS RECOMMENDED FOR NEWBORN SCREENING USING TANDEM MASS SPECTROMETRY

- AMINO ACIDEMIAS
  - PKU
  - MSUD
  - HCY
  - ASA
  - CITRULINEMIA
  - TYROSINEMIA I AND II
- ORGANIC ACIDEMIAS
  - PA
  - IVA
  - 3-MCCD
  - HMG
  - SKAT
  - GA1
  - MMA
  - MCD
- FATTY ACID OXIDATION DEFECTS
  - CARNITINE METABOLISM (CAT, CUD, CPTI AND II)
  - SCAD
  - GAI/MADD
  - MCAD
  - LCHAD
  - TFP
  - VLCAD
- ENDOCRINE DISORDERS
  - CAH
  - CH
- ENZYME DISORDERS:
  - GALT
  - BIOT
- HEMOGLOBINOPATHIES
  - HGB SC, BARTS, SICKLE B THAL.

FALSE POSITIVES- PARENTAL NUTRITION, ANTIBIOTICS  
 FALSE NEGATIVES- RARE, ENZYME IMMATURITY

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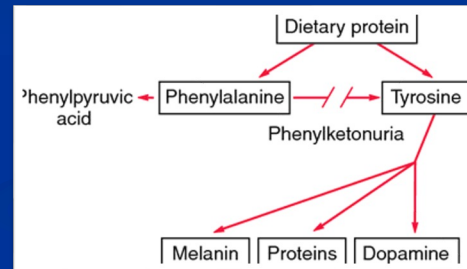
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# AMINO ACID METABOLISM

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# PHENYLKETONURIA (PKU)

- 1:10000 (CAUCASIANS)
- DEFICIENCY OF PHENYLALANINE HYDROXYLASE (PAH)
- SX:
  - DEVELOPMENTAL DELAY
  - SEIZURES
  - ECZEMA
  - MICROCEPHALY
- DX:
  - CLASSIC PKU - PHENYLALANINE LEVELS >20
  - HYPERPHENYLALANEMIA - PHENYLALANINE LEVELS 2-20
- TX:
  - LOW PHENYLALANINE DIET (LIFELONG)



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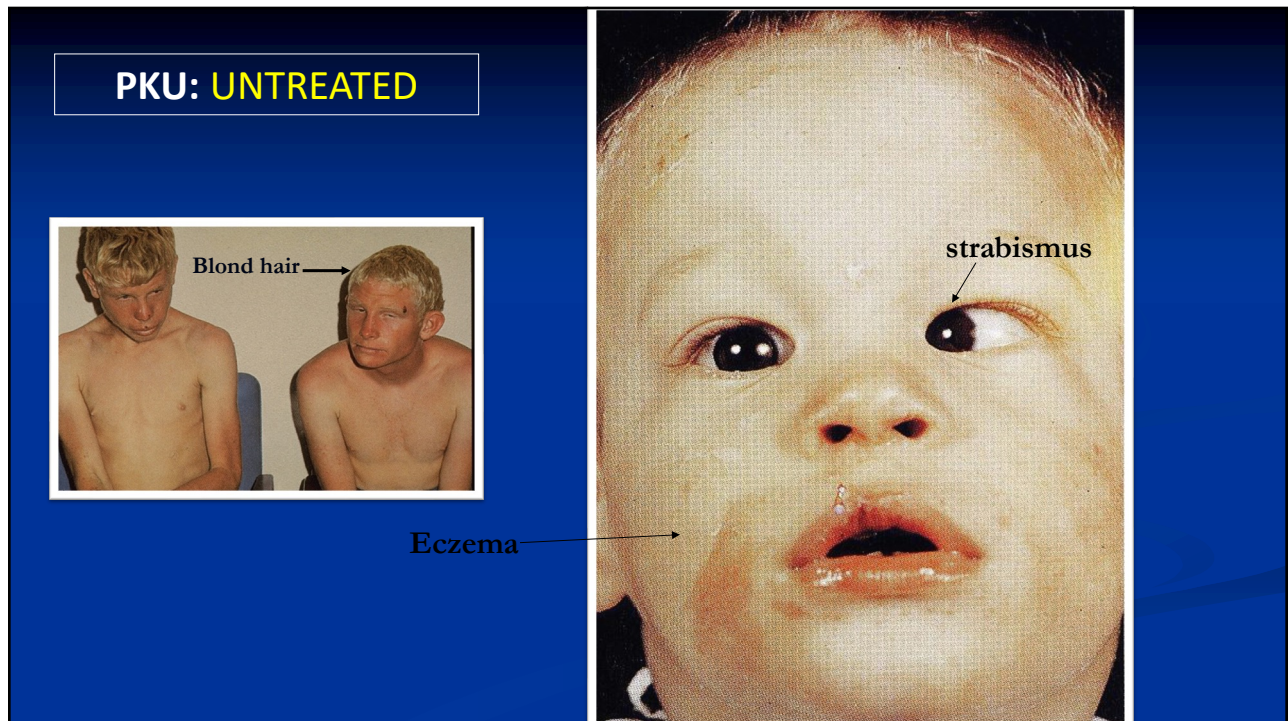
# PHENYLKETONURIA: MATERNAL PKU

- TERATOGENIC EFFECTS ON THE FETUS FROM MATERNALLY-ELEVATED PHENYLALANINE (**MOTHER NOT ON DIET**)
  - MICROCEPHALY, CLEFT LIP/PALATE, CONGENITAL HEART DEFECTS, IUGR
  - DIETARY MANAGEMENT/TREATMENT MUST BEGIN **PRIOR TO CONCEPTION**

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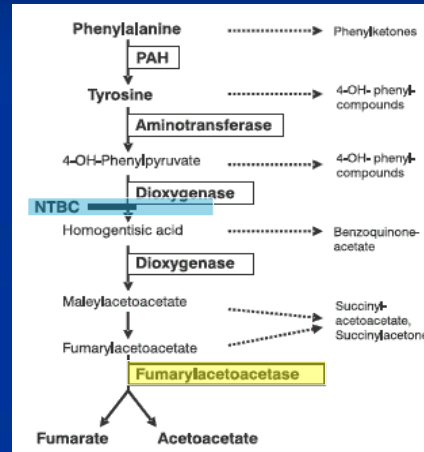
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# TYROSINEMIA TYPE I

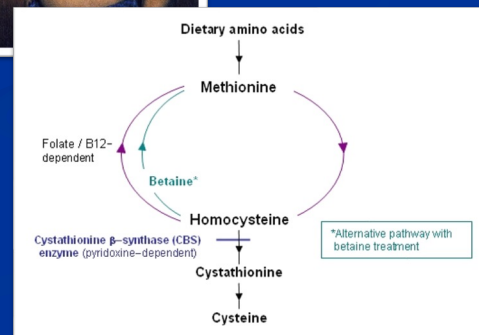
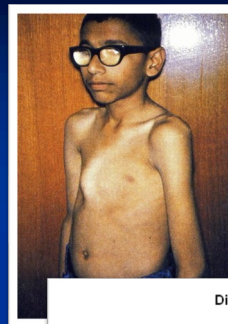
- 1:110000 LIVE BIRTHS
- DEFICIENCY OF FUMARYLACETOACETASE HYDROLASE (FAH)
- SX:
  - LIVER, KIDNEY, SKELETAL (RICKETS), NEUROLOGIC ABNORMALITIES
  - 40% HEPATIC CARCINOMA BY 5 YEARS
- DX:
  - PAA - INCREASED TYROSINE
  - NBS: SUCCINYLACETONE +
- TX:
  - NTBC
  - LOW PHENYLALANINE
  - LOW TYROSINE DIET



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# HOMOCYSTINURIA

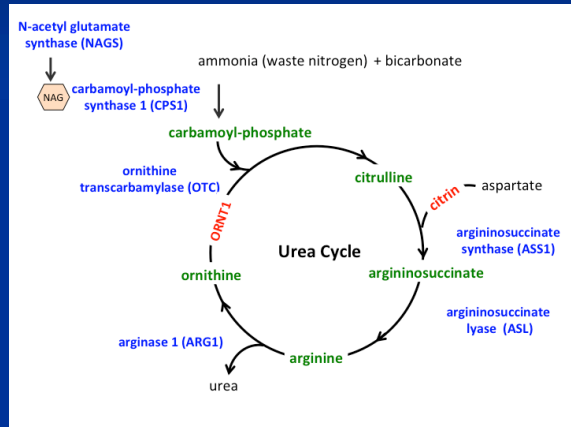
- INCIDENCE: 1/300000
- DEFICIENCY OF CYSTATHIONE B SYNTHETASE
- SX:
  - MARFANOID: UNUSUALLY TALL, LONG LIMBS/ARACHNODACTYLY, PECTUS, OSTEOPOROSIS, SCOLIOSIS, MYOPIA, DISLOCATED LENSES, ID, PSYCH ABNORMALITIES, SEIZURES, THROMBOEMBOLISM
- DX:
  - PAA - INCREASED METHIONINE
  - INCREASED HOMOCYSTEINE
- TX: B6, B12, FOLATE, BETAINE, METHIONINE RESTRICTION



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# UREA CYCLE DEFECTS

- INCIDENCE: 1/30000
- SX:
  - 1ST WEEK: POOR FEEDING, TACHYPNEA, VOMITING, LETHARGY (HYPERAMMONEMIA)
  - SEIZURES
  - NEONATAL COMA
- DX:
  - HYPERAMMONEMIA
  - RESPIRATORY ALKALOSIS
  - ABSENCE OF KETOACIDOSIS
  - NORMAL/LOW BUN

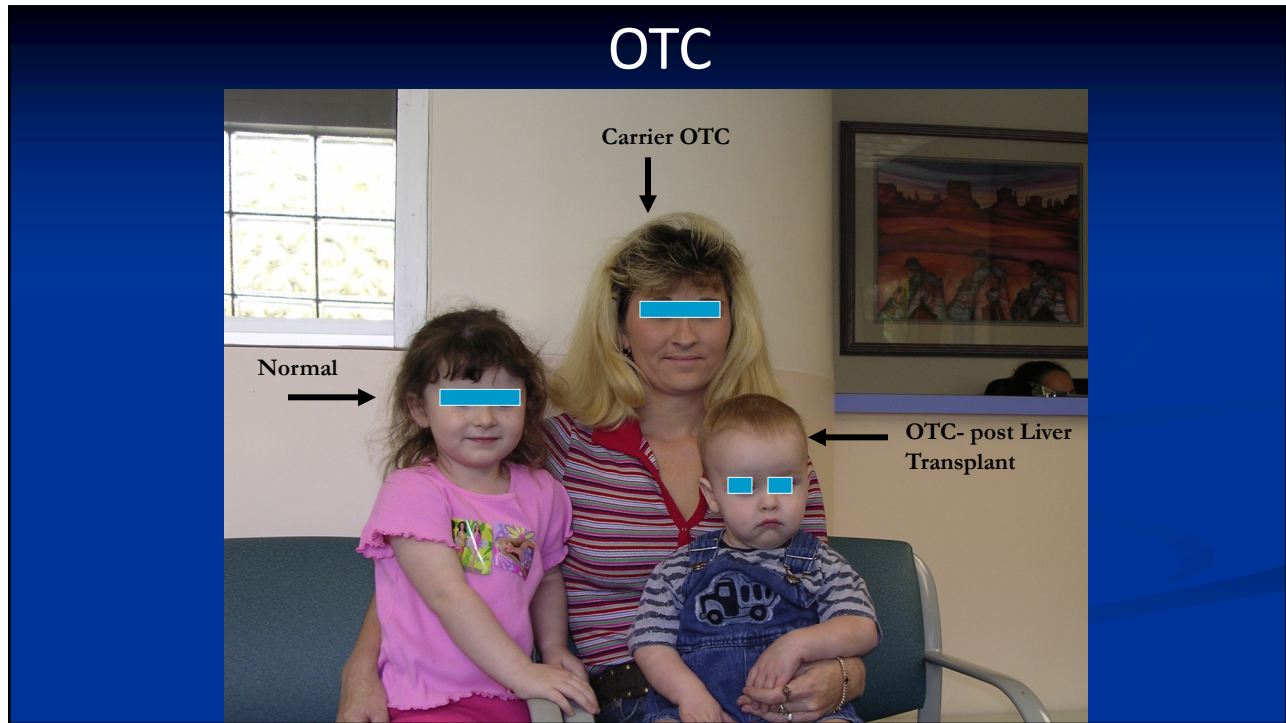


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# CAUSES OF HYPERAMMONEMIA

- UREA CYCLE DEFECTS
- ORGANIC ACID ABNORMALITIES
- FATTY ACID OXIDATION DEFECTS - MCAD/LCHAD
- MITOCHONDRIAL - PYRUVATE DEHYDROGENASE DEFICIENCY

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## FATTY ACID OXIDATION DEFECTS

### CLINICAL:

- HYPOGLYCEMIA
- LIVER DYSFUNCTION
- RECURRENT VOMITING, LETHARGY, COMA
- SIDS/REYES LIKE EPISODES
- CARDIOMYOPATHY
- MYOGLOBINURIA
- HELLP SYNDROME IN MOTHERS AND LCHAD IN BABIES

### BIOCHEMICAL:

- HYPOKETOTIC HYPOGLYCEMIA
- LOW CARNITINE
- ABNORMAL ORGANIC ACIDS, ACYLCARNITINES, ACYLGLYCINES
- +/- HYPERAMMONEMIA

### TREATMENT:

- CARNITINE
- LOW FAT DIET
- AVOID FASTING

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# FATTY ACID OXIDATION DEFECTS

MCAD- NBS DIAGNOSIS



VLCAD- DIAGNOSED AT 16 MONTHS



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# BIOTINIDASE DEFICIENCY

SX:

- SEIZURES, HYPOTONIA, ATAXIA
- DEVELOPMENTAL DELAY
- VISION PROBLEMS, HEARING LOSS
- CUTANEOUS ABNORMALITIES (E.G., ALOPECIA, SKIN RASH, CANDIDIASIS)

OLDER CHILDREN AND AND ADOLESCENTS:

- MOTOR LIMB WEAKNESS, SPASTIC PARESIS, AND DECREASED VISUAL ACUITY

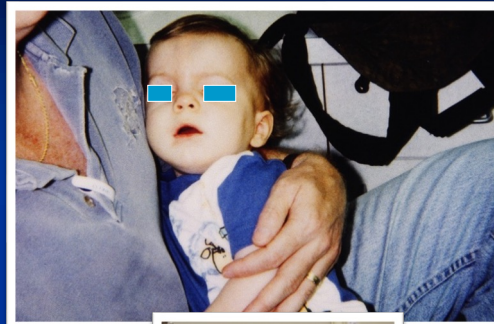


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# CANAVAN DISEASE

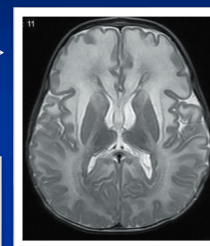
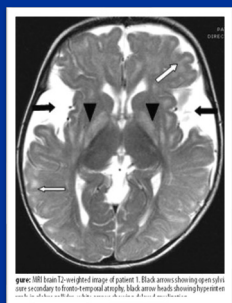
- AR; 1:40 CARRIER FREQUENCY (ASHKENAZI JEWISH; 3 MUTATIONS ~98% OF ALLELES)
- SX:
  - PROGRESSIVE LEUKODYSTROPHY, MACROCEPHALY, ID, SEIZURES, OPTIC ATROPHY
- DX:
  - INCREASED URINARY NAA
- TX:
  - SYMPTOMATIC



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# CAUSES OF MACROCEPHALY

- ALEXANDER DISEASE →
- L-2 HYDROXYGLUTARIC ACIDURIA
- CANAVAN →
- GLUTARIC ACIDURIA- 1

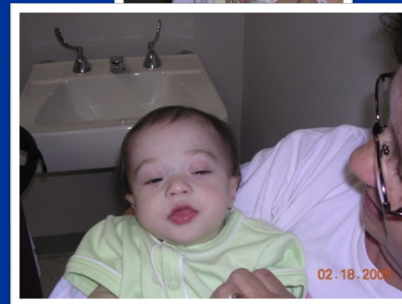
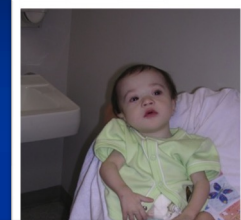


Canavan- demyelination with diffuse white matter changes

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# PEROXISOMAL DISEASES

- ZELLWEGER (INCREASED VLCFA) →
- NEONATAL ADRENOLEUKODYSTROPHY (INCREASED VLCFA)
- REFSUM (INCREASED PHYTANIC ACID)

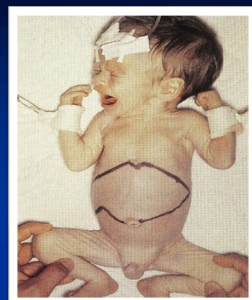
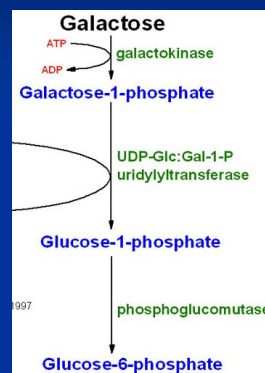


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# CARBOHYDRATE METABOLISM

## GALACTOSEMIA

- GAL-1-P- URIDYL TRANSFERASE (GALT)
- SX:
  - VOMITING, DIARRHEA, LIVER DISEASE, CATARACTS, E. COLI SEPSIS, INFERTILITY, SPEECH DELAY
- TX:
  - LACTOSE-FREE DIET



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## CAUSES OF CATARACTS

- GALACTOSEMIA
- HOMOCYSTINURIA
- FABRY DISEASE
- LOWE SYNDROME
- ZELLWEGER SYNDROME

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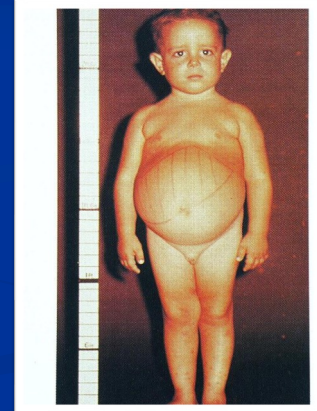
## GALACTOSEMIA



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## GLYCOGEN STORAGE DISEASE TYPE I (VON GIERKE)

- DEFICIENCY OF HEPATIC GLUCOSE-6-PHOSPHATASE
- SX:
  - HYPOGLYCEMIA IN EARLY INFANCY
  - PROTUBERANT ABDOMEN DUE TO (HEPATOMEGALY)
  - DOLL'S FACIES OR CHERUBIC FACE
- DX:
  - LIVER BIOPSY FOR ENZYME ACTIVITY
  - DNA ANALYSIS
- TX:
  - FREQUENT FEEDS
  - RAW CORNSTARCH (OLDER KIDS)
  - NOCTURNAL GLUCOSE INFUSIONS



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## GLYCOGEN STORAGE DISEASE TYPE 2 (POMPE)

- ACID MALTASE DEFICIENCY
- SX:
  - CARDIOMEGALY, INCREASED CPK, MACROGLOSSIA HYPOTONIA
- EKG:
  - SHORT PR INTERVAL, LARGE QRS COMPLEX
- TX:
  - ENZYME REPLACEMENT- MYOZYME



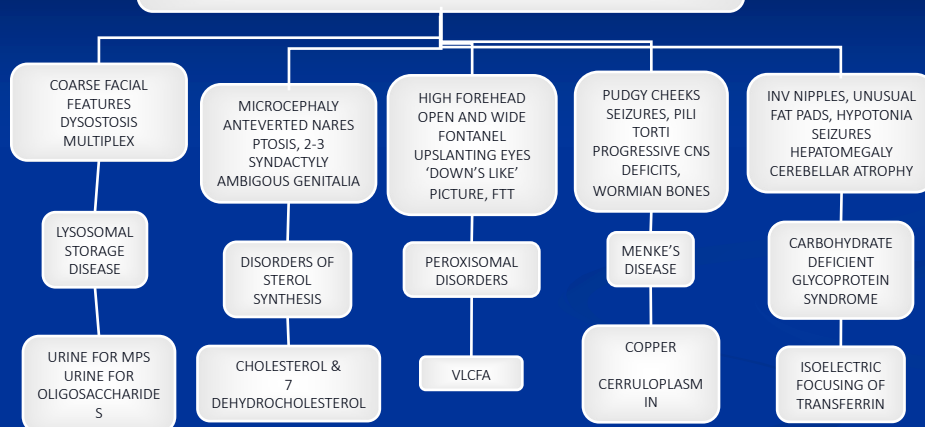
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# CAUSES OF CARDIOMYOPATHY

- POMPE
- GLYCOGEN STORAGE TYPE 3
- FATTY ACID OXIDATION DEFECTS
- MUCOPOLYSACCHARIDOSIS

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## DYSMORPHIC FEATURES



- MPS – MUCOPOLYSACCHARIDOSIS
- VLCFA – VERY LONG CHAIN FATTY ACIDS




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## DYSMORPHIC FEATURES

HIGH FOREHEAD  
OPEN AND WIDE FONTANEL  
UPSLANTING PALPEBRAL FISSURES  
FTT, SEIZURES  
GLAUCOMA, RETINAL DEGENERATION  
IMPAIRED HEARING

PEROXISOMAL DISORDERS  
ZELLWEGER SYNDROME

INCREASED VLCFA



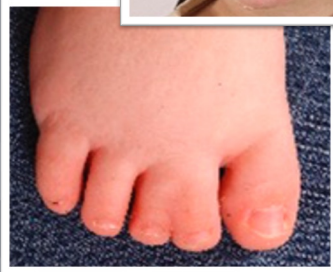

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## DYSMORPHIC FEATURES

MICROCEPHALY  
ANTEVERTED NARES  
PTOSIS, 2-3  
SYNDACTYLY  
AMBIGUOUS  
GENITALIA

DISORDERS OF  
STEROL  
SYNTHESIS

CHOLESTEROL &  
7-DEHYDROCHOLESTEROL



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## DYSMORPHIC FEATURES

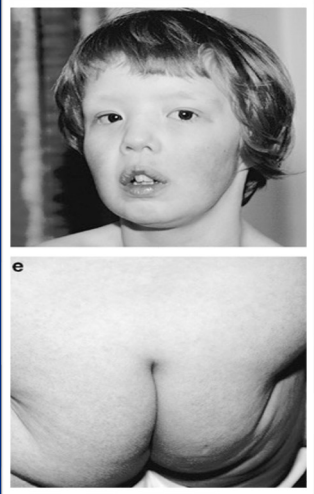
INV NIPPLES, UNUSUAL  
FAT PADS, HYPOTONIA SEIZURES  
HEPATOMEGALY  
CEREBELLAR ATROPHY

↓

CARBOHYDRATE DEFICIENT  
GLYCOPROTEIN SYNDROME

↓

ISOELECTRIC FOCUSING OF  
TRANSFERRIN



e

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## DYSMORPHIC FEATURES


PUDGY CHEEKS SEIZURES, PILI  
TORTI, PROGRESSIVE CNS  
DEFICITS, HYPOTONIA,  
WORMIAN BONES, SUBDURAL  
HEMATOMA

↓

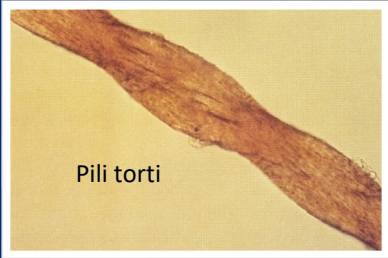
MENKES DISEASE  
X-LINKED RECESSIVE

↓

LOW COPPER  
LOW CERULOPLASMIN



Kinky Hair



Pili torti



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## DYSMORPHIC FEATURES

COARSE FACIAL FEATURES  
DYSOSTOSIS MULTIPLEX

LYSOSOMAL STORAGE  
DISEASE



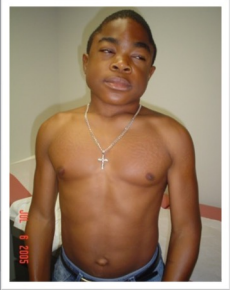
URINE FOR MPS  
URINE FOR  
OLIGOSACCHARIDES



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## HUNTER SYNDROME (MPS II)

- X-LINKED RECESSIVE
- IDURONATE SULPHATASE DEFICIENCY
- INTELLECTUAL DISABILITY
- NO CORNEAL CLOUDING
- TX:
  - ELAPRASE ER



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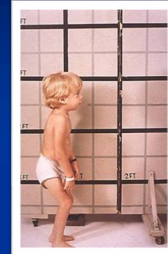


# HURLER SYNDROME - MPS I

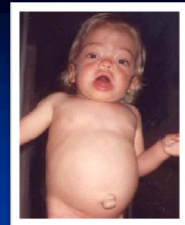
- IDURONIDASE DEFICIENCY
- SX:
  - CORNEAL CLOUDING
  - INTELLECTUAL DISABILITY
  - COARSE FACIES
  - DYSOSTOSIS MULTIPLEX
- TX:
  - ENZYME REPLACEMENT



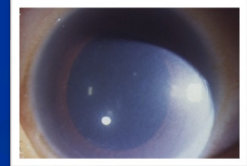
Skeletal deformities (Gibbus)



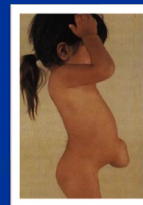
Short stature



Hepatosplenomegaly



Corneal clouding



Umbilical/inguinal hernia

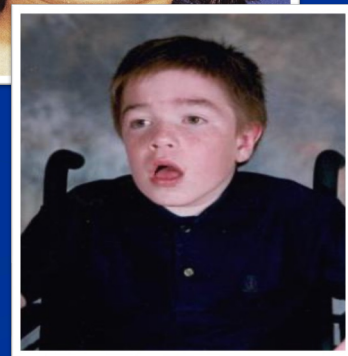
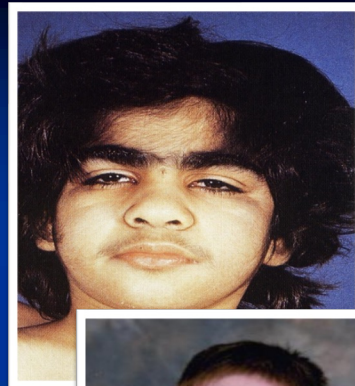


Carpal tunnel syndrome

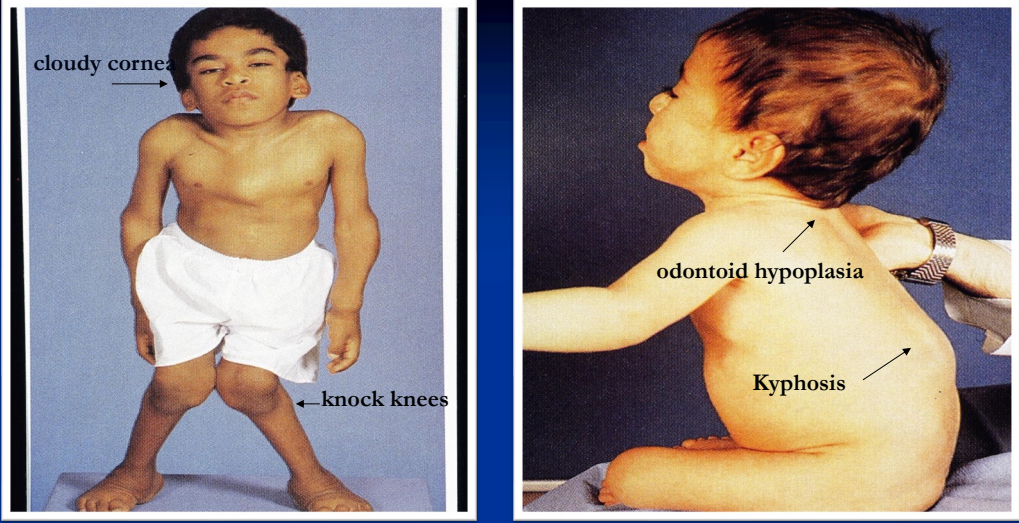
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# SANFILIPPO (MPS III)

- AUTOSOMAL RECESSIVE
- SX:
  - INTELLECTUAL DISABILITY
  - ADHD
  - MILD SKELETAL CHANGES
- DX:
  - HEPARAN SULFATE - URINE



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- TYPES A AND B, AUTOSOMAL RECESSIVE
- **NORMAL INTELLIGENCE**

## MORQUIO SYNDROME (MPS IV)

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## MAROTEUX-LAMY SYNDROME (MPS VI)

- ARYLSULPHATASE B DEFICIENCY
- SX:
  - ONSET 1-3 YEARS
  - **CORNEAL CLOUDING**
  - COARSE FACIES, JOINT STIFFNESS, SKELETAL DEFORMITIES, HEART VALVULAR DISEASE
  - **NORMAL INTELLIGENCE**
- TX:
  - ENZYME REPLACEMENT



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# SLY (MPS VII)

- B-GLUCURONIDASE DEFICIENCY
- SX:
  - PRENATAL ONSET HYDROPS/ASCITES
  - SEVERE INTELLECTUAL DISABILITY
  - CORNEAL CLOUDING
  - HEPATOSPLENOMEGALY
  - SKELETAL CHANGES



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# GAUCHER DISEASE

GLUCOCEREBROSIDE DEFICIENCY


CLINICAL MANIFESTATION

- **TYPE I – NON-NEURONOPATHIC**  
HEPATOSPLENOMEGALY, ANEMIA, BLEEDING TENDENCIES, ABDOMINAL PAIN; SKELETON: PAIN, DEFORMITIES; NO CNS INVOLVEMENT; JEWISH, 1/500- 1000
- **TYPE II- NEURONOPATHIC**  
CNS INVOLVEMENT, OPHTHALMOPLÉGIA, SPASTICITY, CNS DEGENERATION; NO ETHNIC HEPATOSPLENOMEGALY; RAPIDLY PROGRESSIVE IN INFANCY
- **TYPE III**  
MILDER COURSE WITH CNS INVOLVEMENT, OFTEN HEPATOSPLENOMEGALY




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# TYPE 1 GAUCHER



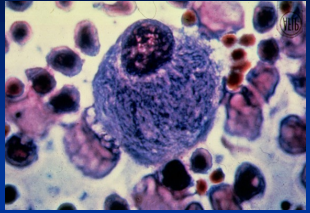
ASYMPTOMATIC 80-YEAR-OLD MAN      MILDLY AFFECTED YOUNG ADULT      SEVERELY AFFECTED GIRL



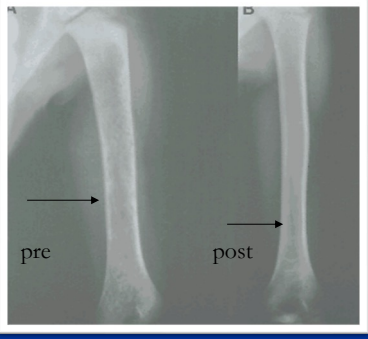
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# GAUCHER DISEASE

- BETA GLUCOSIDASE DEFICIENCY
- DX:
  - FOAM CELLS ON HISTO
- TX:
  - CERZYZME ERT (TYPE 1 GAUCHER)



Bone Marrow Macrophage  
Engorged with Glucosylceramide



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# LEUKODYSTROPHIES

## METACHROMATIC:

- ARYLSULPHATASE A DEFICIENCY
- SX:
  - DEVELOPMENTAL DELAY, ATAXIA, OPTIC ATROPHY
  - NEUROREGRESSION (1-2Y)
- TX:
  - SYMPTOMATIC



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# LEUKODYSTROPHIES

## KRABBE:

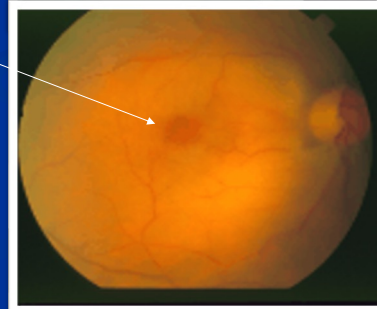
- GALACTOCEREBROSIDASE DEFICIENCY
- SX:
  - ONSET <6 MO
  - HYPERTONIA, IRRITABILITY, OPTIC ATROPHY, INC CSF PROTEIN, ABNORMAL MRI
- TX:
  - SYMPTOMATIC



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## TAY SACHS DISEASE

- HEXOSAMIDASE A DEFICIENCY
  - INABILITY TO DEGRADE GM2 GANGLIOSIDE
- SX:
  - 6-12 MONTHS: SLOWING DEVELOPMENT, HYPERACUSIS, APATHY, CHERRY RED SPOT, SEIZURES, BLINDNESS, SPASTICITY
  - DEATH BY 2-5 YEARS
- LATE ONSET WITH RESIDUAL ACTIVITY
  - MOTOR NEURON DYSFUNCTION, ATAXIA BUT NORMAL IQ AND VISION (ALTHOUGH 1/3 HAVE PSYCHOSIS)



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## CAUSES OF CHERRY RED MACULA

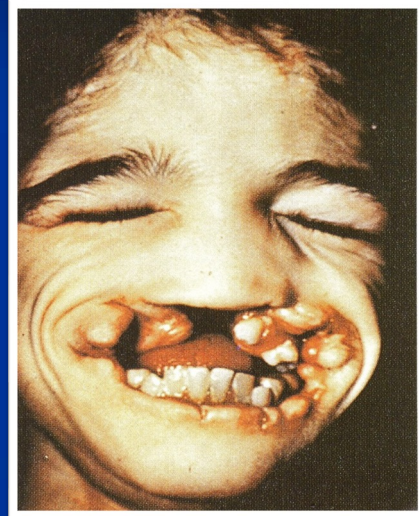
- TAY SACHS DISEASE
- SANDHOFF
- GM 1 GANGLIOSIDOSIS
- NIEMANN-PICK DISEASE
- SIALIDOSIS
- MUCOLIPIDOSIS

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## PURINE/PYRIMIDINE

### LESCH-NYHAN:

- X-LINKED RECESSIVE
- HGPRT DEFICIENCY
- SX:
  - NORMAL AT BIRTH, MR, CHOREIFORM MOVEMENTS, SELF MUTILATION, GOUT.
- DX:
  - INCREASED URIC ACID
  - MRI: BASAL GANGLIA ABNORMALITIES
- TX:
  - ALLOPURINOL
  - SYMPTOMATIC



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## OVERVIEW OF METABOLIC DISORDERS

- CLASSIFICATIONS
- CLINICAL PRESENTATION
- NEWBORN SCREEN
- COMMON METABOLIC DISORDERS
- PRINCIPLES OF TREATMENT

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## ACUTE PHASE MANAGEMENT

PROMPT AND VIGOROUS TREATMENT OF ACIDOSIS OR HYPERAMMONEMIA CAN LEAD TO COMPLETE RECOVERY AND PROVE TO BE LIFE SAVING

- ARRANGE TRANSFER TO LEVEL THREE FACILITY

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## ACUTE PHASE MANAGEMENT

- IV BENZOATE AND SODIUM PHENYLACETATE OR PHENYLBUTYRATE
  - EXCRETION OF AMMONIA AND WASTE NITROGEN
- ELIMINATE DIETARY INTAKE OF POTENTIALLY TOXIC FOODS SUCH AS PROTEIN, GALACTOSE, OR FRUCTOSE
- IV GLUCOSE
  - POSITIVE CALORIC BALANCE AND PROMOTE DIURESIS.
- VITAMINS
  - BIOTIN, VITAMIN B6, COBALAMINE, THIAMINE, OR RIBOFLAVIN
- HEMODIALYSIS FOR LIFE-THREATENING METABOLIC DISTURBANCES

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## LONG TERM MANAGEMENT

- AUGMENT THE ACTIVITY OF AN ENZYME
  - VITAMIN B12 SUPPLEMENTATION IN METHYLMALONIC ACIDEMIA
- RESTRICT DIETARY INTAKE OF PROTEIN OR SUBSTRATE
  - DIETARY TREATMENT OF PKU AND GALACTOSEMIA
- INCREASE EXCRETION OF TOXIC SUBSTRATE
  - GLYCINE IN ISOVALERIC ACIDEMIA
- ENZYME REPLACEMENT
  - GAUCHERS, HURLER, POMPE, MPS IV, HUNTER
- ORGAN TRANSPLANT
  - LIVER TRANSPLANT IN HEREDITARY TYROSINEMIA AND OTC

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## CONCLUSION

- **GREATER AWARENESS:**
  - GREATER CHANCE OF SUCCESSFUL TREATMENT IF DIAGNOSED EARLY → REDUCTION IN MORBIDITY AND MORTALITY
  - THE THREE COMMON CONDITIONS WE SEE ARE UREA CYCLE, FATTY ACID OXIDATION AND AMINO ACID ABNORMALITIES
- **GREATER INDEX OF SUSPICION:**
  - SYMPTOMS THAT ARE COMPLEX, PERSISTENT AND/OR UNEXPLAINED BY SEPSIS WARRANT PROMPT REFERRAL

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